

Oregon Campus
32901 SE Kelso Road, Boring, OR 97009
(503) 668-2100
(503) 668-2141 (fax)

Guide Dogs for the Blind (GDB) has been creating partnerships between people, dogs, and communities. With exceptional client services and a robust network of instructors, puppy raisers, donors, and volunteers, we prepare highly qualified guide dogs to serve and empower individuals who are blind or have low vision from throughout the United States and Canada. All of the services for our clients are provided free of charge, including personalized training and extensive post-graduation support, plus financial assistance for veterinary care, if needed. Our work is made possible by the generous support of our donors and volunteers; we receive no government funding.

Hanger Clinic Prosthetics & Orthotics
723 Martin Luther King Jr. Way, Tacoma, WA 98405
(253) 383-4447
(253) 383-7574 (fax)
Email: sstephens@hanger.com
Website: <http://www.hanger.com/>
Hanger Inc. is the world's premier provider of orthotic and prosthetic services and products, offering the most advanced clinically differentiated programs and unsurpassed customer service.

Hannah's Home Care
IBG Counseling
10202 Pacific Avenue S, Suite 208, Tacoma, WA 98444
(253) 267-0373
Website: <https://hannahhomecare.net/>
Hannah's Home Care provides experienced care at home for older adults, persons with disabilities, young children and post-natal care for mothers and babies. Services are provided throughout Pierce, Thurston and South King Counties and range from one hour to live-in care. Whether the needs are meals, light housekeeping, transportation or personal care, Hannah's caregivers offer support with compassion and respect. All caregivers are selected after a rigorous testing and interview process, including national background checks and personal and professional reference checks and are fully bonded, insured and

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

trained. For added peace of mind, all of Hannah's clients and family are able to view daily progress notes and communicate electronically with the caregiver regarding any concerns or observations.

Harbor Children's Therapy

Lois Kramer

5334 Olympic Drive, Suite #101, Gig Harbor, WA 98335

(253) 853-5155

(253) 853-5150 (fax)

Email: info@hctherapy.com

Website: <http://www.hctherapy.com/>

Harbor Children's Therapy is a private, therapist-owned occupational/physical therapy clinic that provides diagnostic evaluation and treatment for children age birth through 21 and their families. Our goal is to help children reach their full developmental potential in home, school, and social interactions. We offer a specialty in neurodevelopmental pediatrics and sensory integration, and provide therapy onsite at our clinic and consultation in both public and private school environments. Please visit our website for more information about our services.

Harbor Home Design Inc.

7700 Pioneer Way, #201, Gig Harbor WA 98335

(253) 851-8808

(253) 858-1744 (fax)

Email: charles@harborhomedesign.com

Website: <http://harborhomedesign.com/>

Harbor Home Design takes pride in offering personalized services at competitive rates. We specialize in the design and construction of residential and light commercial projects.

Harbor Mobile Crew

Tahoma Associates

1545 Tacoma Avenue South, Tacoma, WA 98402

(253) 851-2170

(253) 857-2031 (fax)

Email: admin@tahomaassociates.org

In 1998, Tahoma Associates merged with Harbor Mobile Crew (HMC) in Gig Harbor to enlarge our landscaping crew opportunities.

Harkla

Casey Ames, casey@harkla.co
1425 Broadway, Seattle, WA 98122
(509) 315-1217
(844) 442-7552 (TF)
Email: support@harkla.co
Website: <https://harkla.co/>

Harkla is a small and dedicated company whose goal is to provide families with the best products and resources for raising a child with special needs. Harkla has sought out avenues to have an impact in the special needs community through our blog with actionable advice from experts and our commitment to donating 1% of every sale to the University of Washington Autism Center. This helps fund clinical visits for families who can't afford it, along with cutting edge research. Living with special needs requires special products. That's why we focus on providing the highest quality products and best customer service to make life as easy as possible. Please visit our website for more information on products.

Hayes Child Development Center
Clover Park Technical College
Angela Johnson

4500 Steilacoom Blvd SW, Lakewood, WA 98499
(253) 589-5531
(253) 583-8753 (fax)
Website: <http://www.cptc.edu/childcare>

The Hayes Child Development Center at Clover Park Technical College's Lakewood campus provides services for children ages four weeks to five years. NAEYC accredited.

HDIS (Home Delivery Incontinence Supplies)
9385 Dielman Industrial Drive, Olivette, MO 63132
(800) 269-4663 (TF)
(800) 735-2466 (TTY)
Email: custcare@hdis.com
Website: <https://www.hdis.com/>

HDIS has been serving customers since 1986 with the sole purpose of making incontinence products convenient, affordable and less embarrassing to purchase. We do this by delivering high quality bladder control products right to your doorstep in discreet packaging. There are no shipping fees inside the continental U.S., and only a small order charge of \$2.95, no

matter how big your order is! Please visit our website for more detailed information regarding additional supplies and services.

Hearing, Speech & Deaf Center

621 Tacoma Avenue South, Suite 505, Tacoma, WA 98402

(253) 475-0782

(866) 421-5560 (TF)

(253) 474-1748 (TTY)

(253) 292-2209 (videophone)

(253) 475-1188 (fax)

Email: tacoma@hsrc.org

Website: www.hsrc.org

Provides professional services and technology to people of all ages who experience hearing loss, speech and language impairment, or who are deaf, to achieve personal, educational, and vocational goals. Also promotes community awareness and accessibility. The services include: early intervention and support for families with deaf and hard of hearing children; information and referral; information and training on technology such as assistive listening devices and accessible devices; assistive listening devices loan program; case management and advocacy services for deaf and hard of hearing and their family; consultations & assessment on making the workplace accessible; and community education on topics relating to diversity, hearing loss and technology.

Helping Hand House

Pat Williams

4321 2nd Street SW, Puyallup, WA 98373

(253) 380-2335

(253) 770-1548 (fax)

Email: info@helpinghandhouse.org

Website: www.helpinghandhouse.org

Helping Hand House provides emergency shelter and housing solutions to families in our community, ending their crisis of homelessness. We provide urgent relief with trust, dignity, respect and compassion while we help them secure their new home - helping moms, dads, and kids rekindle their hope for a better future. We are partners in the Pierce County plan to end homelessness. To that end, access to our programs begins with a referral through the coordinated entry process for households which are experiencing homelessness. Coordinated entry can be

reached by calling (253) 682-3401. We can not take direct referrals from clients or advocates.

HIV/STD Services

Tacoma-Pierce County Health Department
3629 South D Street, Tacoma, WA 98418

(253) 798-3805

(253) 798-6050 (TDD)

(253) 798-7666 (fax)

Website: <https://www.tpchd.org/healthy-people/sexually-transmitted-diseases>

Please contact our office or visit our website for more detailed information / resources about testing and information regarding most common STDS.

Hollyrod Foundation

Website: www.hollyrod.com

After Holly and Rodney's eldest son, RJ, was diagnosed with autism, HollyRod's mission expanded to provide resources to families affected by an autism diagnosis. One in 68 children are diagnosed with autism every year. 50% of these children have extreme difficulty learning how to speak, while 25% of them never will. HollyRod launched the RJ's Place grant in 2014 to provide assistive technology to children's hospitals and autism centers. As these children grow, they require vocational training and specialized job placement assistance to transition to mainstream life and gainful employment. RJ's Place grants support toddlers - young adults in over a dozen locations across the U.S. and Canada. The HollyRod foundation is dedicated to providing compassionate care to those living with autism and Parkinson's disease. We seek to fill an unmet need by providing compassionate care and services to underserved individuals and families that are burdened financially and emotionally by a diagnosis. We strive to help individuals live the best life possible.

Home Care Referral Registry of Washington State
(serving Pierce & Kitsap Counties)

Amanda Fitzsimmons & Anita Saunders

10828 Gravelly Lake Drive SW, #210, Lakewood, WA 98499

(855) 751-2035 x 1

(800) 970-5456 (TF)

(253) 589-1514 (fax)

Email: afitzsimmons@prninc.net

Website: www.hcrr.wa.gov

The Home Care Referral Registry is a free, state-funded, program to help people receiving Medicaid personal care hours, DDSA, respite care hours, or find pre-screened providers in the COPES Program. It is a database search and match program to help find a provider who best matches the client's needs. Once a match is made, we call or email possible providers to the client for them to interview. All of the providers in the database have been interviewed and had a yearly background check successfully completed. We can assist the case managers with contracting and starting the fingerprint process. Call for more detailed information.

Home Modification

3715 McClintock Avenue, Los Angeles, CA 90089

(213) 740-1364

(213) 740-7069 (fax)

Email: homemods@usc.edu

Website: www.homemods.org

Based at the University of Southern California's Leonard Davis School of Gerontology, we are dedicated to promoting aging in place and independent living for persons of all ages and abilities. We offer training and education opportunities for professionals who wish to respond to the increasing demand for home modification services. We also serve as an information clearinghouse on home modification to equip professionals and consumers with a comprehensive inventory of resources such as a national directory of home modification and repair resources.

Hope Clinic

Susan Spiller

(425) 462-7800

Email: staff@hopecliniconline.com

Website: www.hopecliniconline.com

3315 S 23rd Street, Suite 215, Tacoma, WA 98405

(253) 925-1288

(253) 722-5654 (fax)

9633 Levin Road NW, Silverdale, WA 98383

(360) 613-0181

(360) 613-2160 (fax)

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

12301 NE 10th Place, Suite 302, Bellevue, WA 98005
(425) 462-7800
(425) 455-3019 (fax)

At Hope Clinic, your vision is our mission. Our combined skills and knowledge will help you attain optimal visually guided life skills. Hope Clinic specializes in empowering the individual through teamwork to build strong visually-guided lifeskills. We carefully design a vision therapy program to incrementally build upon your current visual skills, helping you achieve and excel to your highest potential. Those who benefit include people of all ages with visual system dysfunctions impacting reading and learning disabilities, dyslexia, ADD and ADHD, traumatic brain injury (TBI), autism, sports vision, special needs, depth perception problems, inability to see 3-D, and those who strive to reach their optimal academic achievement.

Hope Human Services
Cheryl Borden & Rex Garrett
5308 12th Street E, Fife, WA 98424
(253) 252-2217

Email: hr@hopehumansvcs.com

Website: www.hopehumansvcs.com

Hope Human Services currently provides supported living and crisis diversion options for adults and youth with a range of mental capabilities in Washington state. We greatly value the people we support and through our services such as adult supported living, youth residential homes, and crisis diversion, we provide meaningful community experiences.

HopeSparks
6424 North 9th Street, Tacoma, WA 98406
(253) 565-4484
(253) 565-5823 (fax)

Email: info@hopesparks.org

Website: <http://hopesparks.org/>

At HopeSparks, we envision a world where all children and families are safe, secure, and stable. Our mission is to strengthen families by inspiring courage and confidence to make a lasting change. HopeSparks is comprised of five core programs that serve children and families in Pierce County who face trauma, abuse, and overwhelming life challenges.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

HopeSparks is a recognized leader in Pierce County in behavioral health, early intervention, kinship care, home visiting, eating recovery and parent education. Our programs include: healing hearts counseling, children's developmental services, relatives raising children, eating recovery, family support services, parent education, and HopesCloset.

HopeSparks - Children's Developmental Services
6316 South 12th Street, Tacoma, WA 98465
(253) 565-4887
(253) 565-2983 (fax)
Email: vzubrod@hopesparks.org
Website: <http://hopesparks.org/programs-full-width/child-developmental-services/>

Children's Developmental Services provides crucial early intervention including education and specialized therapy for children from birth to three years old with developmental delays. Through a developmental assessment, we evaluate each child's individual strengths and needs to determine eligibility for therapy and services. If your child is found eligible, our early intervention team will provide comprehensive services. Our services include: family resources coordination (FRC), infant mental health, occupational therapy, physical therapy, specialized instruction, speech language therapy, home visits, bilingual services, parent support, play groups, and family events.

Hoveround
(formerly known as the Scooter Store)
2151 Whitfield Industrial Way, Sarasota, FL 34243
(800) 771-6565
(800) 542-7236 (TF)
Email: info@hoveround.com
Website: <https://www.hoveround.com/>
Hoveround Corporation has dedicated 25 years to providing power chairs, electric scooters, and other mobility solutions to genuinely improve the quality of life for those with limited mobility. Hoveround is the only power wheelchair company that can make all of the following statements. Hoveround: has the unique round for a reason design, controls the entire manufacturing process, custom assembles every electric wheelchair in the U.S.A., and provides free delivery direct to the customer. Hoveround Corporation's mobility solutions also include the HoverGlide family of stair lifts, Hoverlift and carriers

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

so you can take your Hoveround with you, wheelchair ramps, and other mobility accessories to help those with mobility challenges regain their independence and freedom. Please visit our website for more information.

Hugs, Tugs, and Luvs
Wendy Hrvatin
4308 208th Street E, Spanaway, WA 98387
(253) 847-7970
Childcare, preschool, Head Start and Early Head Start.

HumanWare
1 UPS Way, PO Box 800, Champlain, NY 12919
(800) 722-3393 (TF)
(888) 871-4828 (fax)
Email: info@humanware.com & us.info@humanware.com
Website: <http://www.humanware.com/en-usa/home>
HumanWare is the global leader in assistive technology for people who are blind or have low vision. HumanWare offers a wide range of innovative products, including the BrailleNote Touch, first Google certified braille tablet, the iOS compatible Brailliant braille displays, Victor Reader, the world's leading family of digital audiobook players, the unique Prodigy family of desktop and portable vision and reading systems, and the ultra-portable explore line of electronic handheld magnifier. Please visit our website for more information on services and products.

Imagine Behavioral & Developmental Services
Ryan Hannig
8815 South Tacoma Way, Suite 122, Lakewood, WA 98499
(253) 682-0320
Email: rhannig@imaginebehavior.com
Website: <https://www.imaginebehaviorwashington.com/>
Imagine has been serving families impacted by autism, developmental disabilities and behavior challenges in the state of WA since 2011. Initially established to serve children supported by the Children's Intensive In-Home Behavioral Supports (CIIBS) waiver, we branched out into comprehensive autism services in 2013 providing treatment under the new ABA Medicaid benefit. Today we work with all major funding sources including private insurance, Tricare, Medicaid and Developmental Disabilities Administrative (DDA) waivers to support individuals from early childhood through adulthood, providing comprehensive

programming, targeted skill development and individualized behavior interventions in center, home, community and school settings. We are committed to providing effective, evidence-based treatment in a supportive and engaging environment through the use of family friendly methods, consistent family involvement and state of the art procedures.

In Person Assisters

Asia Pacific Cultural Center - (253) 383-3900
 Community Health Care - (253) 722-2154
 Korean Women's Association - (253) 538-8362
 Planned Parenthood - (206) 320-7610
 Pt. Defiance AIDS Project - (253) 272-4857
 Salishan Community Health Advocates - (253) 682-0190
 Sea Mar Community Health Center - (855) 289-4503

Inclusion Program

City of Federal Way Parks & Recreation
 876 S 333rd Street, Federal Way, WA 98003
 (253) 835-6927

Email: kevin.hutchinson@cityoffederalway.com

Website: www.itallhappenshere.org

The City of Federal Way is committed to providing programs and services accessible to individuals with disabilities. The Inclusion Programs include life-skill, recreation, social programs and Special Olympic sports for adults and youth with developmental and intellectual disabilities. We also offer integrated summer day camps for children living with disabilities. Scholarships are available and respite waivers are accepted for most recreation programs. Requests for special accommodations will be considered on a case-by-case basis. (Please contact the recreation office 7 working days prior to program start date.)

Inclusion Speech & Language Therapy

Joanna Jaross
 1113 A Street, Suite 202, Tacoma WA 98402
 (253) 256-2118
 (253) 276-6642 (fax)

Email: joanna@inclusionspeechtherapy.com

Website: <http://inclusionspeechtherapy.com/>

Inclusion Speech & Language Therapy is a pediatric therapy clinic based in the heart of downtown Tacoma, WA. At Inclusion,

*If you know of any additions or corrections,
 please contact PC2 at 253.564.0707. Thank you.*

each child is given the opportunity to express themselves, engage in play, learn, grow, and succeed. Evaluation and therapy is available for children ages 2-18 years with a variety of disorders and diagnoses. Please visit our website for more information.

Informing Families

Website: www.informingfamilies.org

Informing Families is a resource provided by the Washington State Developmental Disabilities Council, in collaboration with the Developmental Disabilities Administration and other partners throughout the state. We offer trusted news and information to individuals and families that empowers them to be active participants in planning and building a network of support and opportunities. Our advisory committee is composed of family members and representatives of DDA and other agencies. They ensure that the issues we follow are relevant to the needs and interests of individuals and families - not just today, but into tomorrow, by offering tools and tips on planning for the future. Informing Families is growing, reaching out to more and more families through social media, e-news, videos, and a large library of original content. Please visit our website for more information.

Insight School of Washington

2601 South 35th Street, Suite 100, Tacoma, WA 98409

(866) 800-0017 (TF)

(855) 266-6154 (fax)

Website: <http://wa.insightschools.net/>

Insight School of Washington (ISWA) helps students in grades 9-12 reach their true potential. We understand that each student is different - requiring a unique, tailored approach to learning. Our teachers ensure each student's needs are met by delivering personalized instruction and attention. Washington families choose ISWA for their children for the experienced, Washington-certified teachers, for the quality curriculum from our K-12, an individualized learning plan, exceptional programs to help struggling students, smart and sensible ideas, and their destinations career academy. ISWA will bring students, parents, teachers, and counselors together to form a powerful, collaborative team to help students thrive.

Integrative Therapeutic Solutions
5775 Soundview Drive, Suite A-103, Gig Harbor, WA 98335
(253) 514-6842
(253) 514-6863 (fax)

Website: www.integrativetherapeuticsolutions.net

Integrative Therapeutic Solutions is a private practice with a philosophy to treat the whole person including home environment and community lifestyle. We treat all upper and lower extremities for pain, range of motion, strength, function, and balance.

Job Accommodations Network (JAN)

West Virginia University
PO Box 6080, Morgantown, WV
(800) 526-7234
(877) 781-9403 (TTY)
(304) 293-5407 (fax)

Email: jan@askjan.org

Website: <http://askjan.org>

Facilitates the employment and retention of workers with disabilities by providing employers, employment providers, people with disabilities, their family members, and other interested parties with information on job accommodations, self-employment, small business opportunities, and related subjects.

Job Employment Services

Elke Schwartz
5401 South Tacoma Way, Tacoma, WA 98409
2367 Tacoma Avenue S, Tacoma, WA 98402
(253) 777-0167
(253) 353-9796

Email: elkeschwartz@jobemploymentservices.org

Website: www.jobemploymentservices.org

Job Employment Services began as an inspiration to help individuals overcome many of the barriers one might face when seeking employment. Those barriers are different for everyone and range from a disability to someone who has been involved in the justice system. We are here to help you move past the barrier and help you along the path to becoming employed.

John Ennis
Attorney at Law
Hager & Ennis LLP
6314 19th Street West, Suite 12, Fircrest, WA 98466
(253) 565-5544
(253) 565-0361 (fax)
Email: john@hagerennis.com
Website: <http://www.hagerennis.com/>
Primary practice areas include: civil litigation, business law
(entity formation and transactions), real estate law, estate & trust
planning, and complex dissolution.

Joint Base Lewis-McChord Community Services
Website: <https://www.jointbaselewismcchord.com/armed-forces-community-service-afcs/>

Lewis-Main on JBLM
(253) 967-7166

McChord Field on JBLM
(253) 982-2695

Army Emergency Relief (AER)
(253) 967-9852

Army Family Team Building (AFTB)
(253) 967-2382

Employment Readiness Program (ERP)
(253) 982-9675
(253) 967-3538

Exceptional Family Member Program (EFMP)
(253) 967-9704
(253) 967-7166

Family Advocacy Program (FAP)
(253) 967-5901
(253) 968-0044

Family Resource Center & Family Readiness Group (FRC &
FRG)
(253) 967-9496

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Financial Readiness Program (FRP)
(877) 272-7337

Information & Referral Program (IRP)
(253) 967-7166

Installation Volunteer Corps (IVC)
(253) 967-2324

Military & Family Life Consultant Program
(253) 329-6632

Mobilization & Deployment Program (MOBDEP)
(253) 967-8430

Relocation Readiness Program (RRP)
(253) 967-3628

Soldier & Family Assistance Center (SFAC)
(253) 966-8433

Volunteer Opportunities
(253) 967-3562

Jones & Ibrahim, PLLC
Attorneys at Law
16025 NE 85th Street, Suite 103, Redmond, WA 98052
(206) 405-3240
(425) 867-3126 (fax)
Email: cti@seattledisabilitylaw.com
Website: www.seattledisabilitylaw.com

We provide high-quality legal services to persons with both developmental and age-related disabilities and their families. Our services include: wills and special needs trusts, guardianships, probate, and special education consultations.

Kaitlin's Mobility Foundation
PO Box 2245, Everett, WA 98213
(425) 870-8386

Website: www.kaitlinsfoundation.org

Kaitlin's Mobility Foundation provides funds and resources for families with special needs children ages 18 and under, with a

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

purpose to offset the cost of mobility equipment that is medically and/or conveniently necessary. Funds are distributed on a non-discriminatory basis regardless of sex, race, religion, economic status, income level or family size. It is recognized that mobility equipment designed specifically for disabled children is expensive, and individual families may not reasonably have available financial assistance from which to offset the tremendous cost of such equipment. Therefore, Kaitlin's Mobility Foundation is established to assist families through all phases of their child's life in support of providing equipment that is beneficial and/or convenient to their quality of life.

Kersey Mobility
(877) 507-7491 (TF)
Website: <http://www.kerseymobility.com/>

6015 160th Avenue East, Sumner, WA 98390
(253) 863-4744
(253) 863-5075 (fax)

14640 NE 91st Street, Redmond, WA 98052
(425) 406-8484
(425) 629-3267 (fax)

7202 Evergreen Way, Everett, WA 98203
(425) 353-6563
(425) 355-6159 (fax)

If you are looking for a handicap accessible van in the Pacific Northwest then look no further than Kersey Mobility. We have three convenient locations in Everett, Sumner, and Redmond, WA. We are proud to serve the Pacific Northwest and provide reliable handicap vehicles, scooter lifts, and many other mobility products. Please visit our website for more information on our services and products.

Key Peninsula Community Services
Tracy Stirrett
17015 9th Street Court NW, PO Box 392, Lakebay, WA 98349
(253) 884-4440
(253) 884-6196 (fax)
Email: kpcsassist@centurytel.net

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

We provide senior programs and a food bank (with free bread and produce when available). We are also a government surplus site for TFAP (Temporary Food Assistance Program).

Keystone Employment Services (CAPA)

Diana Terry, dterry5858@aol.com

Deborah Vaughan, devakeystone@aol.com

12001 Pacific Avenue South, #201 & #204, Tacoma, WA 98444

(253) 536-2339 (CAPA main line)

(253) 536-6559 (Keystone main line)

(253) 531-1365 (fax)

Website: <http://www.keystoneemployment.net/>

Keystone Employment Services was developed as a separate program from CAPA to provide employment and Community Inclusion support to CAPA participants as well as other adults in the community. Keystone is currently providing employment/Community Inclusion services to several CAPA participants, and approximately 50 adults, with a variety of different disabilities and from a variety of different living situations. Our services include: Community Inclusion (CI) & PASRR (Preadmission Screening and Resident Review), Division of Vocation Rehabilitation (DVR), Individualized Employment (IE), Pathway to Employment, Transition Services, Job Search, Placement, and Retention.

Kids at Play Therapy

2929 5th Avenue NE, Suite A, Puyallup, WA 98372

(253) 447-8216

Email: info@kidsatplaytherapy.com

Website: <http://www.kidsatplaytherapy.com/>

Kids At Play Therapy is an innovative private practice dedicated to bringing pediatric therapy service to children and families in the South Puget Sound region. Therapy services are tailored to meet the needs of families and children of all ages. They focus on the child's ability to participate in daily life activities and gain independence in their everyday activities while supporting families to support their child's participation in therapy and other community settings. Their licensed and experienced therapists will help children attain skills for learning and development. Their therapists are uniquely qualified to support the achievement of developmental and learning outcomes for children with disabilities and developmental delays by helping to develop motor skills, self-care skills, social, and adaptive skills.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Kids Choice Dental

Dr. Ellen Polsky

8012 112th Street Ct E, Suite 220, Puyallup, WA 98373

(253) 848-7000

Website: <https://kidschoice-dental.com/>

Our mission is to provide your child with personalized, high-quality dentistry, in a fun-loving caring environment. We are a team dedicated to improving and maintaining your child's oral health. Our office accepts many dental insurance plans. Please give us a call, and one of our insurance billing specialists can confirm and discuss your child's dental insurance benefits.

Kids Country Childcare

Carrie Ronnfeldt

20020 South Prairie Road, Bonney Lake, WA 98391

(253) 862-2840

Kids Mental Health Pierce County

(800) 576-7764 (Pierce County crisis line)

Website: <http://kidsmentalhealthpiercecounty.org/>

Kid's Mental Health Pierce County is a group of agencies and professionals dedicated to improving child and adolescent mental health treatment and prevention in Pierce County. We are focused on accomplishing the following: developing a one-step collaborative that serves as a single point of access to child and adolescent mental health services, increasing support and expansion of mobile crisis response teams, and promoting and supporting workforce development and continued training in child and adolescent mental health. Please visit our website for more information and resources.

KidsTalk Therapy

Tawni Miller

205 15th Avenue SW, Suite B, Puyallup, WA 98371

(253) 347-2180

(253) 498-0000 (fax)

Email: tawni@kidstalktherapy.com

Website: <http://www.kidstalktherapy.com/>

KidsTalk Therapy provides pediatric speech and language therapy. We are dedicated to helping children reach their greatest potential by enhancing their communication skills through play and engagement. During play, many communication skills are learned and can be practiced, creating

a platform for helping kids who have difficulty with the following: expressing wants and needs, understanding language, labeling actions and objects, listening and following directions, participating in age-appropriate play, speech intelligibility and motor sequencing, and taking turns. Early identification and treatment of speech and language delays and disorders can prevent problems with behavior, learning, reading and social interactions.

Kindercare Learning Centers
Website: www.kindercare.com

123 31st Avenue SE, Puyallup, WA 98374
(253) 848-1907
(253) 770-9225 (fax)

301 43rd Avenue SE, Puyallup, WA 98374
(253) 841-3785

10221 152nd Street East, Puyallup, WA 98374
(253) 840-5686
(253) 840-8698 (fax)

3811 Grandview Street, Gig Harbor, WA 98335
(253) 851-1777
(253) 851-4527 (fax)

5424 Orchard Street W, Tacoma, WA 98467
(253) 474-5295
(253) 471-8384 (fax)

635 South Mildred Street, Tacoma, WA 98465
(253) 565-1671

3500 NW Randall Way, Silverdale, WA 98383
(360) 698-3516
(360) 698-9805 (fax)

9010 Main Street East, Bonney Lake, WA 98391
(253) 863-2332
(253) 863-9634 (fax)

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Kindermusik at Kiddos and Kin

Shay Ryan

751 Street Helens Avenue, Tacoma, WA 98402

(253) 224-2451

Email: kmwithshay@gmail.com

Website: <http://kiddosandkin.com/>

Music is for EVERY child! One of the many strengths of Kindermusik is its focus on the different developmental needs of each stage of childhood. Each Kindermusik class level is designed to give every child the most appropriate and stimulating environment to nurture their developmental needs. In fact, it is Kindermusik's musical and developmental basis that makes the program such a natural and effective way to augment occupational, physical, or speech therapy.

Kitsap Home Care Services

2540 Cascades Blvd, Suite 100, Bremerton, WA 98312

PO Box 5209, Bremerton, WA 98312

(360) 377-7307

(888) 449-9048 (TF)

(360) 377-9946 (fax)

Email: afrey@ktsinc.com

Website: <http://www.kitsaphomecare.com/>

Kitsap Home Care Services is an established and well-respected, locally owned agency providing quality home care services at an affordable price! We are a division of Kitsap Tenant Services, which has been serving the community since the 1970's. Our services include: personal hygiene, toileting, eating, meal preparation, ambulation, transfers, transportation to medical appointments, dressing, bathing, medication assistance, light housekeeping, essential shopping, and personal errands.

Kitsap Residences (Tenant Support)

2505 South East Mile Hill Drive, #201, Port Orchard, WA 98366

(360) 876-1470

(360) 876-2648 (fax)

Provides tenant support in daily living activities for individuals with developmental disabilities, and provides support in community activities and transportation. Must be DDSA clients.

Kitsap Tenant Support Services

(360) 373-4173

(888) 696-0049 (TF)

Email: afrey@ktssinc.com

Website: <http://www.kitsaphomecare.com/history.htm>

KTSS strongly believes that all services to individuals with disabilities should be based on individual need, designed to preserve human dignity, protect individual civil and human rights and encourage the involvement and responsibilities of the individual's family and community.

Klear Mont Farms

Kim Pratt

6408 150th Street SW, Lakewood, WA 98439

(253) 229-2214

Email: klearmont@comcast.net

Website: www.klearmont.com

Whether you're looking for boarding, training or lessons for riders of all ages and skill levels, we're here to help. Whether you're five or fifty-five, just getting started or jumping the big stuff, we've got a lesson group for you. Your horse is an athlete who benefits from consistent and challenging work. Full and part time training available. Call for rates and availability.

Kleiner Group Home

Tahoma Associates

6415 6th Avenue, Tacoma, WA 98406

(253) 565-0588

(888) 391-4232 (TF)

(253) 627-7980 (Tahoma Associates main office)

(253) 272-0685 (Tahoma Associates main fax)

Email: admin@tahomaassociates.org

Korean Women's Association of Washington

123 East 96th Street, Tacoma, WA 98445

(253) 535-4202

(888) 508-2780 (TF)

(253) 535-4827 (fax)

Email: info@kwacares.org

Website: www.kwacares.org

Korean Women's Association (KWA) provides services in 11 western Washington counties and employs 1,400+ employees to serve the diverse needs of more than 10,000 people each year.

Our programs and services include senior wellness, benefit enrollment, citizenship support, elder abuse advocacy, domestic violence advocacy and shelter, community and behavioral health navigation, in-home care, senior activity centers, community centers, and affordable housing. We provide multi-cultural, multi-lingual human services, regardless of race or ethnic background, to diverse communities through education, socialization, advocacy, and support. We are the leader in serving multi-cultural, multi-lingual communities to make a positive difference in people's lives.

KR Guardianship Services

Richard King

5501 83rd Avenue West, University Place, WA 98467

PO Box 64164, University Place, WA 98464

(253) 565-8065

Email: krsrvs-richk@juno.com

Certified professional guardian and Guardian Ad Litem.

Ladenburg McKasy Durkin Inc. P.S.

(formerly known as Comprehensive Guardianship Services Inc.)

6711 Regents Blvd W, Suite A, Tacoma, WA 98466

(253) 777-1900

(253) 566-9343 (fax)

Email: attorneys@tclmd.com

Website: <http://www.tclmd.com/>

Personal injury, motor vehicle accidents, wrongful death, construction site, slip/trip & fall, product liability, dog bites, burn injuries, brain injuries, your rights, insurance disputes, pedestrian accidents, workplace injuries, wills, trusts, powers of attorney, probate, guardianship, criminal driving offenses, landlord representation, real estate, arbitration, and mediation. Please visit our website for more information about our attorneys, our firm, FAQ, what clients say, and how to access a free consultation.

Lakewood Community Collaboration

Brian Humphreys

Email: bhumphreys@cityoflakewood.us

Website: www.cityoflakewood.us

The Lakewood Community Collaboration is comprised of caring community members representing a wide array of social and community services. The Lakewood Community Collaboration's

purpose: "Networking for better services for all people of Lakewood." The Collaboration meets monthly and is open to everyone interested in working together for a healthy community.

Lakewood Community Dental Van
 St. Clare Hospital
 11315 Bridgeport Way SW, Lakewood, WA 98499
 (425) 284-1953
 Website: <https://www.chifranciscan.org/health-care-services/franciscan-community-services>

Through a collaborative effort among St. Clare Hospital, Northwest Medical Teams, Clover Park Technical College and the Clover Park School District, the mobile dental van supplies routine and preventive dental care to children and adults.

Lakewood Pediatric Associates
 7424 Bridgeport Way West, Suite 103, Lakewood, WA 98499
 (253) 581-2111
 (253) 581-7479 (fax)
 Website: www.lakewoodpediatricassociates.com

We proudly serve Lakewood, Tacoma, and Fircrest, WA. At Lakewood Pediatric Associates we strive to keep up with the latest in pediatric medicine. We focus on listening to your concerns. We will treat your child with respect and compassion. It is our goal to be here for your child. All our physicians are board certified in pediatrics, and are fellows of the American Academy of Pediatrics, which requires at least three years of additional training after medical school and passing the certifying examination. Please visit our website for more information.

Lakewood Senior Activity Center
 9112 Lakewood Drive SW, Lakewood, WA 98499
 (253) 798-4090
 Website: <https://cityoflakewood.us/parks-and-recreation/senior-activity-center/>

There's something for everyone at the Lakewood Senior Activity Center. Whether you love to do woodworking (or want to learn how), or need to brush up on your computer skills, we have you covered. We also offer the opportunity for fellowship with monthly birthday celebrations, dessert of the month gatherings and Welcome Wednesday - a chance for newcomers and regular users to get together at the center and socialize. To see a full list of classes and activities at the Center, read the Lakewood

Connections Magazine. The Senior Activity Center is located at the Lakewood Community Center overlooking the beautiful Seeley Lake Park and walking trail.

Lakewood's CHOICE

(253) 584-1001

Email: muriel@lakewoodschoice.com &

lisa@lakewoodschoice.com

Website: <http://www.lakewoodschoice.com/>

Lakewood's CHOICE began in 2013 with a vision to see drug prevention become a priority to see healthy families and resilient youth. After listening, learning, & doing a thorough community needs assessment in 2017, Lakewood's CHOICE expanded beyond Springbrook. Since inception and subsequent impact in Springbrook, Lakewood's CHOICE has expanded the community of focus to include all students of the Clover Park School District. Lakewood's CHOICE is a group of community members, youth serving agencies, school staff, youth, & caring adults.

L'Arche Tahoma Hope & Welcome Center

Laura Giddings

12302 Vickery Avenue East, Tacoma, WA 98446

(253) 535-3178

(253) 539-9208 (fax)

Email: info@larchetahomahope.org

Website: <https://www.larchetahomahope.org/>

We at L'Arche Tahoma Hope are people, with and without developmental disabilities, sharing life in communities belonging to an international federation. Mutual relationships and trust in God are at the heart of our journey together. We celebrate the unique value of every person and recognize our need for one another. The mission of L'Arche is: To make known the gifts of people with developmental disabilities, revealed through mutually transforming relationships; to foster an environment in community that responds to the changing needs of our members, while being faithful to the core values of our founding story; to engage in our diverse cultures, working together toward a more human society.

Lauri L. Nelson Law, PLLC

(206) 717-4793

Email: lauri@laurinelsonlaw.com

Website: <https://laurinelsonlaw.com/>

Services include guardianship, probate, and estate planning.
Please contact us or visit our website for more information.

League of Women Voters of Tacoma-Pierce County
621 Tacoma Avenue S, Suite 202, Tacoma, WA 98402
(253) 272-1495

Email: lwvtacomapierce@gmail.com

Website: www.tacomapiercelwv.org

The League of Women Voters is a nonpartisan political organization encouraging informed and active participation in government. It influences public policy through education and advocacy.

Learn Clinic

University of Washington Psychological Services and Training Center

3917 University Way NE, Suite 140, Seattle, WA 98105

(206) 543-6511

(206) 616-8367 (fax)

Website: <https://psych.uw.edu/community/the-clinic/the-learn-clinic>

The LEARN Clinic provides evaluations and consultation addressing a variety of learning, attention, and behavioral problems experienced by children, adolescents, and adults. Most commonly, we conduct comprehensive evaluations that include a thorough clinical interview and administration of an individualized battery of psychological and neuropsychological tests and behavioral questionnaires, with the goal of obtaining a comprehensive assessment of cognitive functioning across a variety of domains of functioning, and to identify strengths and weaknesses, as well as any specific learning and/or attention problems. Clients then participate in a feedback session where test results, impressions, and recommendations are provided. A comprehensive written report documenting these findings and recommendations is then finalized and distributed to clients.

Learning Disabilities Association of Washington

Nancy Sobich

16315 NE 87th Street, #B-10, Redmond, WA 98052

(425) 882-0820

Email: nsobich@ldawa.org

Website: www.ldawa.org

The Learning Disabilities Association (LDA) of Washington

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

promotes and provides services and support to improve the quality of life for individuals and families affected by learning and attention disabilities. Provides an information & referral service that is free to families, adults, and professionals concerned with learning disabilities. The program includes information, support, and professional resource information by phone or by visiting our website.

Library Services

Pierce County Library System

3005 112th Street East, Tacoma, WA 98446

(253) 548-3300

(253) 537-4600 (fax)

Website: www.piercecountylibrary.org

Adult Care Delivery

(253) 548-3536

Website:

<https://www.piercecountylibrary.org/services/outreach/homebound-adult-care.htm>

Community Outreach Services Department staff serve residents in adult care facilities in the library's service area monthly. Large print books, audiobooks, movies, music and other materials are provided.

Homebound Delivery

(253) 548-3530

Website:

<https://www.piercecountylibrary.org/services/outreach/homebound-adult-care.htm>

Residents of the library's service area who are confined to their homes may receive monthly visits by a Community Outreach Services Department staff member. Books and other materials are loaned and other library service needs are discussed.

Visually Impaired

Website:

<https://www.piercecountylibrary.org/services/outreach/visually-impaired.htm>

Large print books and audiobooks are available through all Pierce County Libraries, adult care facilities and homebound services.

Life Force Services Inc.
3901 South 56th Street, Tacoma, WA 98409
(253) 572-4889
(253) 671-1787 (fax)
Email: jcrawford@lifeforceservicesinc.com
Website: <https://www.lifeforceservicesinc.com/>

Life Force Services is dedicated to the creation and maintenance of community based residential living arrangements for persons with developmental disabilities. Life Force Services believes that every person has the right to an equal opportunity to share in the benefits and difficulties of life in the human community.

Life Skills Advocate
Chris Hanson
(253) 656-4668
Email: chris@lifeskillsadvocate.com
Website: <https://lifeskillsadvocate.com/>

We offer advocacy, transition support, and individual & family support to help untangle the web, simplify complex challenges, and provide you and your child with the support you deserve. If you have any questions for us, please don't hesitate to give us a call or reach out via our contact page on our website. We respond to all messages within two business days.

Lifeline Cell Phone Program
Access Wireless
(888) 900-5899
Website: <https://www.accesswireless.com/lifeline/>

The Lifeline cell phone program provided by Access Wireless offers mobile phone service to eligible residents as part of the government-funded Lifeline Assistance program. Lifeline is intended to help individuals experiencing financial hardship stay connected to family members, schools and child care providers, as well as be reachable to potential employers and have a means of communicating in case of an emergency. The valuable service that Lifeline provides is designed to be a bridge for those striving for self-sufficiency.

LifeSPAN (Lifetime Secure Personal Assistance Network)
c/o The Arc of King County, 233 6th Ave N, Seattle, WA 98109
(425) 883-9867
Email: info@lifespans-wa.org
Website: www.lifespans-wa.org

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Our mission is to support families in developing a safe, secure and quality future for their relatives with disabilities. Through planning, families envision futures where people with disabilities: share their vision for the future (dreams), have financial security through will and estate plan (wealth), live in a place of their own choice (home), participate in a caring and hospitable community (fellowship), have their wishes supported by family and friends (choice), are protected from abuse and exploitation (security), and are encouraged to participate (contribution).

Lifespan Respite Washington (LRW)
6316 South 12th Street, Tacoma, WA 98465
(253) 565-2266 x 115 (helpline)
(800) 572-7368 x 115 (TF helpline)
(253) 566-8052 (fax)
Email: getrespite@wapave.org

Website: <https://www.lifespanrespitewa.org/>

Helpline Request: wapave.org/get-help

Lifespan Respite WA (LRW) offers grant awards for unpaid, unserved family and other caregivers living in Washington. Grant awards are on a first come, first serve basis with statewide distribution of the available funding. Grant recipients then select their respite option from the current list of registered respite providers. In some circumstances, a particular respite provider may become a registered provider in order to serve a family. Eligibility includes the individual receiving the care being of any age (lifespan) and having a special need, condition, and/or disability and they are a currently an unpaid care provider. Respite services vary, including in-home care, adult day, overnight care, parks/recreation programs, camps, and equine services. Grant recipients have 90 days to utilize their award. To learn more about eligibility, how to apply and other respite services visit www.lifespanrespitewa.org/. (Located on the Tacoma Community College Campus in parking lot "I" as you enter from 12th Street; opposite side of the campus from TACID.)

Lifetime Advocacy Plus
19203 36th Avenue West, Suite 101, Lynnwood, WA 98036
(206) 367-8055
(206) 367-8353 (fax)
Email: laplus@laplus.org
Website: www.laplus.org

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

It is the mission of Lifetime Advocacy Plus to enhance the lives and protect the rights of people with disabilities by providing guardianship; personal attention; advocacy; trust and financial management; and personal services.

LIHEAP (Low Income Home Energy Assistance Program)

Department of Commerce

3602 Pacific Avenue, Suite 200, Tacoma, WA 98418

(360) 725-2857

Email: liweap@commerce.wa.gov

Website: <https://www.commerce.wa.gov/growing-the-economy/energy/low-income-home-energy-assistance/>

Low-Income Home Energy Assistance Program (LIHEAP) is a federally funded block grant administered by the U.S. Department of Health and Human Services, Office of Community Services. The program's intent is to assist low-income households meet their immediate home energy needs. In Washington state, LIHEAP assists households whose incomes are at or below 125% of the federal poverty level. These households pay a much higher proportion of their incomes for their home heating needs. As a result, they are at risk of losing access to heat during cold-weather months. The program is designed to help these families keep their heat on, especially those households that are most vulnerable, such as the elderly, the disabled, and households with young children. LIHEAP primarily assists households by applying an energy assistance grant directly to the energy provider on behalf of the eligible household. In some situations, LIHEAP may also be able to help repair or replace an unsafe, dysfunctional, and/or inoperative heating system. Households who are eligible for LIHEAP may also qualify to have their homes made more energy efficient through the Weatherization Program.

Lindquist Dental Clinics for Children

130 131st Street South, Tacoma, WA 98444

(253) 539-7445

3875 South 66th Street, Tacoma, WA 98409

(253) 739-7445

8502 Skansie Avenue, Gig Harbor, WA 98332

(253) 739-7445

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Accepts DSHS, sliding fee scale, private insurance, & Tri-Care.
For children 6 months to age 18.

Lions 4 Kids House
18429 89th Street East, Bonney Lake, WA 98391
(253) 447-3844
Website: <http://www.bonneylakelions.com/activities/lions-4-kids-house>

To provide children in need with great clothes, personal care items, school supplies and other resources so they are nicely attired, clean, groomed and outfitted for learning unencumbered by derision and ridicule from their peers, thereby boosting their self-image and potential for success in school and thus, in life. Referrals are required, please contact your local assistance organization to see if they are one of our partners. If you are in need, please call the message phone, leave a message, and someone will get back to you.

Living Access Support Alliance (LASA)
8956 Gravelly Lake Drive SW, Lakewood, WA 98499
PO Box 98619, Lakewood, WA 98499 (mailing)
(253) 581-8689
(253) 582-5320 (prevention line)
Email: admin@lasawa.org
Website: <http://www.lasawa.org/>

Since opening in 1989, we've put a major emphasis on reaching out to those in need. The theory being, it's less costly and easier to prevent homelessness than it is to cure it. Families are encouraged to come to us before they find themselves on the street. They are able to come in and discuss their situation with a volunteer who evaluates their needs and pledges the funds necessary to assist with paying water bills, new prescriptions, or some bus tickets. These preventive measures have proven to be a supportive and dignified way to keep families in their homes.

Long-Term Care Ombudsman Program
Pierce County Human Services
1305 Tacoma Avenue South, #104, Tacoma, WA 98402
(253) 798-3789
(800) 642-5769 (TF)
Email: kashmiri.gavronski@piercecountywa.gov

Website: <https://www.co.pierce.wa.us/1302/long-term-care-ombudsman>

Program staff and certified volunteers work in nursing homes, adult family homes, and boarding homes. Certified ombudsmen are a listening ear and a voice for residents of long-term care settings. Ombudsmen educate residents, staff, families and the community about long-term care issues, resources, resident rights and quality of life in long-term care settings. A certified ombudsman is assigned to visit with residents in long term care facilities. Each volunteer receives extensive training before being assigned. Frequent in-service training is scheduled during regularly held monthly meetings. In addition, the ombudsman is informed as to other training available in the area and is encouraged to attend. Please visit our website for more information.

Low Cost Dental Resources
Oral Health Program
Tacoma-Pierce County Health Department

Dawn Jacobs
(253) 798-2945

Email: djacobs@tpchd.org

Website: <https://www.tpchd.org/healthy-people/oral-health>

General and program information on dental services and providers in Pierce County. Please visit our website for more information and resources.

Luce & Associates, P.S.
4505 Pacific Hwy East, #A, Tacoma, WA 98424
(253) 922-8724
(800) 488-8724 (TF)
(253) 922-2802 (fax)

Email: lawfirm@lucelawfirm.com

Website: www.lucelawfirm.com

Areas of expertise include elder law, estate planning, trusts/wills, guardianship, personal injury, medical/dental malpractice, real estate, business. Call for more detailed information.

LuMind IDSC Foundation
(formerly known as International Down Syndrome Coalition - IDSC)
20 Mall Road, Suite 200, Burlington, MA 01803
(781) 825-1300

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Email: lumindidsc@lumindidsc.org

Website: <https://www.lumindidsc.org/>

IDSC formally merged with the LuMind RDS Foundation in 2019 and the combined organization was renamed to LuMind IDSC Foundation. Merging IDSC and LuMind RDS brings together the largest social media voice in the Down syndrome community with the leading organization supporting translational research for Down syndrome. Together, our combined resources can significantly empower families and create more opportunities for improved health and independence for all people with Down syndrome. The LuMind IDSC Foundation envisions a world where every person with Down syndrome thrives with improved health, independence, and opportunities to reach his or her fullest potential. LuMind IDSC will accelerate research to increase availability of therapeutic, diagnostic, and medical care options and will empower families through education, connections, and support.

Lutheran Community Services Northwest
223 North Yakima Avenue, Tacoma, WA 98403
(253) 272-8433
(253) 597-6456 (fax)

Website: <https://lcsnw.org/>

When unimaginable crises threaten people's lives and futures, Lutheran Community Services Northwest offers healing, help and hope. We help vulnerable children, families, refugees and others overcome life's most difficult challenges to become contributing members of our communities. Our mission is grounded in faith and the ideals of inclusiveness and justice. We respect, serve and advocate for all no matter their religion, ethnicity, sexuality or other personal attributes. Some programs offered in Pierce County include: caregiver services (fostering caregiver wellness, home care, meals on wheels), refugee resettlement, retired and senior volunteer program (RSVP), Santa for seniors, senior advocacy, dementia friendly action coalition (DFAC), senior companion, senior friends, senior media services (Senior Scene newspaper and Where to Turn guide), and social engagement (zoo walk, memory cafes and music mends minds). Please visit our website for more information.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

M Street Dentistry
 Dr. Tran Dang
 1222 S 38th Street, Tacoma, WA 98418
 (253) 476-8003
 (253) 476-8004 (fax)
 DSHS, private insurance, reduced fees, general and cosmetic
 dentistry. (Vietnamese, Russian, Cambodian, Filipino, Spanish,
 and English.)

M.S.M. (Multicultural Self-Sufficiency Movement)
 3820 Steilacoom Blvd SW, Lakewood, WA 98499
 (253) 584-5615
 (253) 588-3318 (fax)
 Email: mymism@cs.com
 Website: <http://www.msm-wa.org/>
 Multicultural Self-Sufficiency Movement (formerly known as My
 Service Mind of Northwest) is a community based 501(c)3 non-
 profit organization serving the Puget Sound area. The mission of
 MSM is to provide critical integration and empowerment services
 that will lead to a path of self sufficiency for culturally,
 linguistically, and economic disenfranchised member of our
 society, including low-income individuals, limited English
 proficient persons, immigrants, refugees, and persons with
 diverse racial and ethnic backgrounds. Our mission is carried out
 through the following programs: education, employment,
 economic development, and social services. Please visit our
 website for more information.

Magnolia Behavior Therapy & Autism Center
 Email: mccullough@magnoliabehaviortherapy.com
 Website: <https://magnoliabehaviortherapy.com/>

3213 West Wheeler Street, #302, Seattle, WA 98199
 (206) 453-4882
 (206) 453-5094 (fax)

1570 Wilmington Drive, #220, DuPont, WA 98327
 (253) 507-7004

2621 Bickford Avenue, Suite C, Snohomish, WA 98290
 (360) 217-8168

*If you know of any additions or corrections,
 please contact PC2 at 253.564.0707. Thank you.*

Magnolia Behavior Therapy provides Board-Certified Behavior Analysts (BCBAs) who supervises each child's program. Our BCBA's supervise our Seattle behavior technicians and collaborate with other professionals such as: doctors, speech therapists, occupational therapists, teachers, paraprofessionals and other school district personnel. From supervising an ABA therapy program to training school district personnel on implementing a customized positive behavior support plan, all of our BCBAs are experts in the field of human behavior. The methods we use include: detailed assessments, programmed intervention, daily data collection and data-based decision-making in order to achieve the desired results.

March of Dimes

(888) 663-4637

Website: <https://www.marchofdimes.org/>

March of Dimes leads the fight for the health of all moms and babies. We believe that every baby deserves the best possible start. Unfortunately, not all babies get one. We are changing that. Today we educate medical professionals and the public about best practices; we support lifesaving research; we provided comfort and support to families in NICUs; and we advocate for those who need us most, moms and babies. We are stronger and more committed than ever to guiding moms through every stage of the pregnancy journey. We are fighting for the smallest among us and advocating for their health each and every day. And we do so with the tools, technology and knowledge needed to build a brighter future for us all.

Mary Bridge Children's Hospital

317 Martin Luther King Jr. Way, Tacoma, WA 98405

(253) 403-1400

Website: <https://www.marybridge.org/>

The acute needs of hospitalized children require extremely specialized, skilled care providers. This special kind of caring is always available at Mary Bridge Children's Hospital - to all children, regardless of their family's ability to pay. When your child stays at Mary Bridge Children's Hospital, their care team includes specially trained pediatric nurses and a wide range of board-certified pediatric specialists - including our full-time inpatient pediatric physicians who serve as extension of your child's regular doctor and are available onsite 24 hours a day. Our specialists work closely with local pediatricians and primary

care providers, making sure children receive the care they need. With our family-centered care philosophy and recognized medical excellence, we provide services and accommodations for families in a child-friendly environment - a place where kids get better quicker.

Developmental Behavioral Pediatrics
1220 Division Avenue, Tacoma, WA 98403
(253) 403-4437

Website:

<https://www.marybridge.org/services/developmental-behavioral-pediatrics/>

We work with children from birth through 18 years of age with suspected intellectual disabilities, developmental delays, suspected autism spectrum disorder and complex attention deficit hyperactivity disorder. Our neurodevelopmental program provides evaluations for very young children (birth to 3) for children from birth to age 3 with developmental delay or concerns about developmental delays. Our team also provides medical consultations to other providers, recommends follow-up care and coordinates appropriate resources for patients and their families. A referral from your child's primary care provider is required to make an appointment with us. Once we receive a referral, our nursing staff reviews it to determine the appropriate next steps and resources.

Physical Therapy
311 South L Street, Tacoma, WA 98405
(253) 697-5200
(253) 697-5248 (fax)

Website: <https://www.marybridge.org/services/physical-therapy/>

Occupational Therapy
311 South L Street, Tacoma, WA 98405
(253) 697-5200
(253) 697-5248 (fax)

Website: <https://www.marybridge.org/services/occupational-therapy/>

Speech Therapy
1220 Division Avenue, Tacoma, WA 98403
(253) 697-5200
(253) 697-5248 (fax)
Website: <https://www.marybridge.org/services/speech-therapy/>

Audiology (Pediatric Hearing Center)
1220 Division Avenue, Tacoma, WA 98403
(253) 697-5200
(253) 697-5248 (fax)
Website: <https://www.marybridge.org/services/audiology-pediatric-hearing/>

Mary Bridge Hospital - Infusion and Specialty Services
Website: <https://www.marybridge.org/services/infusion-clinic-specialty-services/>

Pediatric Infusion Clinic
311 South L Street, Tacoma, WA 98405
(253) 403-9121
(253) 403-9122 (fax)

Home Infusion Services
(253) 403-1833
(888) 881-9850 (TF)
(253) 403-1845 (fax)

Mary Bridge Home Infusion and Specialty Services offers pediatric services, home infusion therapy and nutritional services. We also offer complete phototherapy services - including equipment and nursing care - in the home setting to treat hyperbilirubinemia in newborns. Unlike other home infusion companies, our registered nursing staff is completely pediatric focused and experienced in caring for children. A pediatric infusion nurse/pharmacist are available 24 hours a day, 7 days a week. Please visit our website for more information regarding the areas where we are able to help children and their families.

Mary Bridge Pediatrics Evergreen
(formerly known as Evergreen Children's Clinic)
1910 South Meridian, Suite A, Puyallup, WA 98371
(253) 697-8950

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

(253) 848-8956 (fax)

Website: <https://www.marybridge.org/locations/mary-bridge-pediatrics-evergreen/>

Mary Bridge Children's - Primary Care (Evergreen) gives families in Puyallup access to experienced pediatricians and nurse practitioners. Our clinic provides a full range of general pediatric services: well-child visits, sports physicals, care for common illnesses, and much more for children from birth through age 21.

Maternity Support Services

Tacoma-Pierce County Health Department
3629 South D Street, Tacoma, WA 98418

(253) 798-6403

(800) 992-2456 (TF)

(253) 798-6050 (TDD)

Email: mchservices@tpchd.org

Website: <https://www.tpchd.org/healthy-people/family-health>

Our Maternal Child Health program helps more than 200 families per year. We offer you services and resources like: help finding you a doctor or dentist, help finding you health insurance (ProviderOne, Apple Health), breastfeeding help, healthy food and WIC, child safety, parent support, child development information, birth control, and home visits from our nurses. Please visit our website for more information on our programs and resources.

Maxim Healthcare Services

4301 South Pine Street, Suite 505, Tacoma, WA 98409

Website: www.maximhealthcare.com

Home Healthcare, Personal Caregiving Services, Healthcare Staffing, Population Health and Wellness

(253) 671-9909

(855) 373-4001 (fax)

Email: tacomahoffice@maxhealth.com

Personal Caregiving Services, Behavioral Care, Healthcare Staffing, Population Health and Wellness

(253) 671-9969

(855) 373-4002 (fax)

Email: tacomastaffingoffice@maxhealth.com

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

At Maxim, we're happy to be able to provide a comprehensive portfolio of services that are designed to meet the needs of our patients, families and customers. That means you can come to Maxim for all your care needs, including home healthcare and personal caregiving services. And corporate or government clients have one stop for anything from healthcare staffing or flu shot clinics, to revenue cycle management and health information management systems, and so much more. For all of these needs, the only place you need to go is our website.

MEDICARE.GOV

Website: www.medicare.gov

The official site of Medicare, with information on benefits, resource locator, and managing services.

Mental Health Crisis Line (24 Hours)

(800) 576-7764

Immediate counseling, information, or referral to other resources.

Mental Health Services

Franciscan Health Systems, St. Joseph Medical Center

1717 South J Street, Tacoma, WA 98405

(253) 426-6691

Website: <https://www.chifranciscan.org/health-care-services/behavioral-health>

Our skilled professional team has specialized training to care for people with all types behavioral health and addiction issues. We bring together experts from several disciplines, including: psychiatrists and psychologists, psychiatric mental health nurse practitioners, registered nurses, addiction medicine specialists, licensed clinical mental health counselors (CMHCs) and social workers (LCSWs), chaplains, occupational and recreational therapists. We care for people with many short-term and chronic behavioral health conditions, including: anxiety, bipolar disorder, depression, psychosis resulting from various causes, and schizophrenia. If you or a loved one is experiencing a behavioral health issue that interferes with daily functioning, help is available. To learn more about our inpatient care please call or visit our website.

Mercy Housing

Jane Graf

6930 Martin Luther King Jr. Way S, Seattle, WA 98118

(206) 838-5700

(303) 830-3300

(866) 338-0557 (TF)

(800) 877-8983 & 711 (TTY)

(303) 830-3301 (fax)

Email: customerservice@mercyhousing.orgWebsite: <https://www.mercyhousing.org/>

Mercy Housing is one of the nation's largest affordable housing organizations. We participate in the development, preservation, management and/or financing of affordable, program-enriched housing across the country. We acquire and renovate existing housing, as well as develop new affordable rental properties. Our mission is to create stable, vibrant, and healthy communities by developing, financing, and operating affordable, program-enriched housing for families, seniors, and people with special needs who lack the economic resources to access quality, safe housing opportunities.

Metro Parks Tacoma

STAR Center

Beau Benner

3873 S 66th Street, Tacoma, WA 98409

(253) 404-3951

Email: beaub@tacomaparks.comWebsite: www.metroparkstacoma.org/specialized

Metro Parks provides social recreation programs for people with disabilities (intellectual disabilities) through the Specialized Recreation Program. Pre-registration is required for all activities. Activities include social, athletic/sports, outings, and classes. Social programs are held in the evening and during the day and include exercise, games, music, and basic fun making new friends. We offer six sports through Special Olympics (basketball, track and field, soccer, golf, softball, aquatics and bowling), year round bowling and footgolf. Other programs include: weekend adventure outings (day trips), vacation adventures (overnight camping), special events, and dances. Our vacation trips provide opportunities for adults (18 years and older) with disabilities to vacation with friends in the northwest in a variety of settings. Vacations typically last 2-5 days and include lodging in hotels, tents, and residential camps. Typical activities

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

include sightseeing, canoeing, swimming, shopping, hiking, and visiting local tourist attractions. Metro Parks also offers youth programs and a one-week summer day camp in August. For more detailed information please call or visit our website.

Metropolitan Development Council
945 Fawcett Avenue, Tacoma, WA 98402
(253) 383-3921
(253) 591-0147 (TDD)
(253) 593-2400 (fax)

Website: www.mdc-hope.org

Metropolitan Development Council is a vital community resource for Tacoma and Pierce County. Founded in 1964 as a non-profit Community Action Agency, MDC responds to community needs by providing services in the areas of healthcare, housing, education, and employment that address the challenges faced by low-income individuals and families. MDC provides services focused on improving the health and well-being of very low income individuals. Continuing economic struggles for many in Tacoma's low income communities requires that we all to work together if we are to sustain what has been accomplished and continue to grow. MDC is responding to this challenge with new board and staff leadership, investment in staff training and development, a leaner management structure, greater volunteer involvement and a commitment to continuous process improvement within our organization, as well as each of our 40 programs.

Meyer Mobility Center
12340 Northrup Way, Lower Level, Bellevue, WA 98005
(425) 885-1008

Email: equipment@bridgemin.org

Website: <https://bridgemin.org/medical-equipment/>

Our Meyer Medical Equipment Center helps people with a wide range of medical needs, while helping caregivers at the same time. Meyer Medical Equipment Center accepts new and gently used equipment, cleans and repairs it, and then makes it available to those in the community who would not otherwise be able to obtain it. Our goal is to assist you to: recover and rehabilitate from surgeries, injuries and illnesses, reduce the physical demands and stress of care giving, remain as independent as possible, and stay meaningfully involved with family, friends and community. When you donate your lightly-

used medical or mobility equipment, you are helping others and reducing waste. Please visit our website for more information.

Midland's Kiddie Korral
1703 E 99th Street, Tacoma, WA 98445
(253) 548-2238 (fax)
Website: <http://midlandskiddiekorral.com/>

Center
(253) 531-1902
Email: midlandskiddiekorral@comcast.net

Family Advocate
(253) 548-2182
Email: mkkfamilyadvocate@gmail.com

Our accredited and certified teachers, with AA's in Early Childhood Education, are here to help your child advance in their education and help them enjoy learn and prepare for their educational journey. We are one of few blended Head Start/Childcare programs within Pierce County and the only blended program within the Franklin Pierce School District.

Military OneSource
(800) 342-9647
Website: <https://www.militaryonesource.mil/family-relationships/special-needs/special-needs-resources>
Military OneSource provides you the resources you need in the form of special needs consultants. A consultant can assess your family's needs and answer your questions about education, finances, support groups and more. They can help you find and access: a needs assessment and local resources and services; information about specialized doctors, medical equipment resources and medical benefits; early intervention, special education and options after graduation; support for adults, including information on insurance, Social Security Disability Insurance, Supplemental Security Income, Medicare and Medicaid; respite care resources through TRICARE or community programs, and through each service branch. Please visit our website for directories, toolkits and resources.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

MMG Speech & Therapeutic Services
9881 Bridgeport Way SW, Lakewood, WA 98499
(253) 753-4008
(253) 276-0067 (fax)
Email: michelegregg@mmgtherapy.com
Website: www.mmgtherapy.com

Offering professional, client centered speech & occupational therapy for children and young adults. Services offered via evaluations/assessments, screening/consultation, collaboration with other professionals on your child's team, and home-programming.

Mobile Dental Van
Christine Adkins
(425) 284-1953

The Mobile Dental Van is staffed by volunteer dentists. Services include: exams, cleanings, extractions, and fillings. Van is not wheelchair accessible. This service is for individuals with no dental insurance. Call for an intake, assessment, scheduling, and site locations.

Mobility Concepts Inc.
1017 54th Avenue East, Suite A, Fife, WA 98424
(253) 896-0970
(888) 227-6375 (TF)
Email: sales@mobilityconceptsinc.com
Website: <http://mobilityconceptsinc.com/>

Mobility Concepts, your local Washington and Oregon State accessibility provider, specializing in home elevators, vertical platform lifts, inclined platform lifts, stairlifts and pneumatic vacuum elevators. At Mobility Concepts we pride ourselves on delivering quality products built to last. Please visit our website for more information regarding products and services.

Molina Advantage Healthcare
(800) 869-7165 (Medicaid)
(800) 665-1029 (Medicare)
711 (TTY)
Website: <http://www.molinahealthcare.com>

Our mission is to provide quality health care to people receiving government assistance. Molina Health plans include Medicaid, Molina Medicare, Integrated Medicaid/Medicare (duals), and Molina Marketplace.

Mom and Me Mobile Medical Clinic

Dale Clark

PO Box 298, Buckley, WA 98321

(360) 367-6992

Email: momandmemobile@gmail.comWebsite: www.momandmemobile.org

Prevention is our purpose. The goal of Mom and Me Mobile Medical Clinic is to promote wellness by providing access to high-quality basic and preventative medical care at no cost. The clinic is open to anyone in need of care in Western Washington. We take no financial information at the clinic and the care we provide is free. If you have insurance, labs, x-rays, and other tests will be billed to you. If you have no insurance, we will work with you to get these done at no cost. We travel with an equipped mobile clinic (in a semi-truck and/or motorhome) to several locations around the South King County and North Pierce County areas. If you would like to have us come to your area, please contact us.

Morningside

3906 S 74th Street, Suite 201, Tacoma, WA 98409

(253) 301-0502

(253) 625-7661 (fax)

Email: info@mside.orgWebsite: www.morningsideservices.com

Since 1963 Morningside has been helping change the lives of individuals with disabilities by matching their skill and interest with jobs in the community. Morningside is one of the nation's most successful programs for matching individuals with significant disabilities to jobs in the community. Our success lies in the extremely professional, qualified and motivated staff who are the solid linkage between employers and people with disabilities who want to work. We are committed to assisting businesses to recruit and retain employees with disabilities. We thrive on excellent customer service.

MSHH Donor ClosetWebsite: <http://www.mshh-donorcloset.com/>

409 Howell Way, Edmonds, WA 98020

(425) 712-1807

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

3635 S Lawrence Street, Suite E, Tacoma, WA 98409
(253) 327-1033

3203 North Market Street, Spokane, WA 99207
(509) 487-4119

When durable medical and mobility equipment is no longer needed most people feel that the right thing to do is pass it along so it can help someone else. That is where MSHH comes in. We are all volunteers who accept donations of this good equipment, refurbish it and make it available to others at a very affordable "suggested minimum donation" amount. And, because we are a 501(c)3 non-profit charity, the money that we take in above our expenses is made available to assist those in Washington, Northern Idaho, Montana and Alaska with Multiple Sclerosis. We don't charge tax and your donations may be tax deductible. Recently we decided to lower our prices on many popular items to become super competitive and at the same time we extended our warranties to 90 days. And we did this without lowering the quality of the products we offer. Check our site to see what we have on hand at our three MSHH Donor Closet locations - then come to see us. Or, if you have Multiple Sclerosis see how we partner with other agencies to assist you.

MultiCare Adolescent Behavioral Health
316 South I Street, Tacoma, WA 98405
(253) 403-0556 (inpatient referral)
(253) 697-8400 (outpatient referral)

Website: <https://www.multicare.org/adolescent-behavioral-health/>

Our 27-bed hospital-based unit was designed to be a modern, inviting space with private rooms and open social areas, while also including state-of-the-art safety features to protect patients and staff. Our collaborative team of pediatric and mental health experts includes a medical director, psychiatrists, psychiatric advanced registered nurse practitioners, registered nurses, psychologists, educators, social workers, and mental health techs. Working together they create a treatment plan tailored to each teen's needs, based on their diagnosis, background and triggers. We offer care and treatment to teens facing a range of mental health issues, including: major depression, anxiety disorders, psychosis, schizophrenia, and bipolar disorder. We accept patients ages 13 through 17 on a voluntary, involuntary and parent-initiated treatment basis with a provider referral.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Providers, call (253) 403-0556 to refer a patient. This number is monitored 24 hours a day, 7 days a week.

MultiCare Adult Day Health

6442 South Yakima Avenue, Tacoma, WA 98408

(253) 459-7222

Website: <https://www.multicare.org/adult-day-health/>

The MultiCare Adult Day Health Center is a community-based program that helps participants continue to live as independently as possible. We strive to help people stay at the highest level of independent living by giving them options. We offer a supportive, compassionate environment committed to fulfilling the goals of our participants and their families: regaining or maintaining independence, maintaining or improving functional mobility, managing chronic health conditions, providing companionship and activities for those who may be isolated at home, offering support, peace of mind and respite for caregivers, and providing advocacy for community and social services.

MultiCare Adult Developmental Clinic

1322 3rd Street SE, Suite 240, Puyallup, WA 98372

(253) 697-1435

(253) 697-1489 (fax)

Website: <https://www.multicare.org/adult-developmental-clinic/>

The Adult Developmental Clinic opened in 2018 to provide comprehensive, multi-specialty support for teens and adults who experience developmental disabilities. Moving from pediatric to adult care can be challenging for teens, as well as their families. Our nationally unique model assists individuals with this transition by providing a comprehensive evaluation and direct connections to adult medical care, and offers ongoing support throughout adult life. We work closely with patients, their families or support persons, and their primary care physicians to provide better coordinated, lifelong primary and specialty care. Note that appointments for the MultiCare Adult Developmental Clinic are available by doctor referral only. Providers, you may make a referral by calling (253) 697-1435 or faxing a referral order to (253) 697-1489.

MultiCare Adult Epilepsy Center

316 MLK Jr Way, Suite 408, Tacoma, WA 98405

(253) 403-0344

Website: <https://www.multicare.org/neurosciences-epilepsy/>

The MultiCare Neuroscience Center of Washington provides the latest treatment for epilepsy. Through MultiCare, patients have access to the full range of treatments for epilepsy, including medications, EEG monitoring and vagus nerve stimulation.

MultiCare Behavioral Health

Website: <https://www.multicare.org/behavioral-health/>

Walk-In Assessment Clinic
325 East Pioneer Avenue, Puyallup, WA 98372

Access Center
(888) 445-8120

Pierce County Crisis Line/Mobile Outreach Crisis Team
(800) 576-7764
(886) 353-7180 (TTY)
Provides crisis outreach services for persons age 18 and over, including face-to-face evaluations.

We provide comprehensive, expert treatment for children, adults and older adults who are struggling with a wide range of mental health conditions, as well as provide treatment, assistance and support for those working to overcome chemical dependence or substance abuse addictions. But, in order to be successful in our work, we believe that we need to go beyond treatment or therapies and provide our patients, and their families, with support and resources that empower them with a sense of hope, and a belief in what they can accomplish. Please visit our website for more information and programs we provide.

MultiCare Emergency and Urgent Care

Website: <https://www.multicare.org/emergency/>

Emergency Services

Website: <https://www.multicare.org/emergency-department-locations/>

MultiCare Auburn Medical Center, Deaconess, Allenmore, Covington, Good Samaritan, Spokane Valley and Tacoma General Hospitals provide 24-hour emergency care. Mary Bridge Children's Hospital offers round-the-clock trauma care for children. Please visit our website for information on our locations.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Urgent Care Centers

Website: <https://www.multicare.org/urgent-care/>

An urgent care center can be a good option at night and on weekends when your doctor may not be in the office, but it's not necessarily a medical emergency. At MultiCare Urgent Care Centers and MultiCare Indigo Urgent Care Centers, you can get x-rays, stitches, and care for other minor injuries that aren't life threatening yet require medical attention on the same day. Please visit our website for information on our locations.

MultiCare Family Care

(800) 342-9919

Website: <https://www.multicare.org/family-care/>

MultiCare Health System's Family Care Clinics provide exceptional health care for you and your family, including personalized primary care, same-day appointments, convenient after-hours care, complete emergency services, expert specialty care, as well as the most advanced care available in the South Sound for newborn babies in our Level IIIB Neonatal Intensive Care Unit. Our primary care providers are dedicated to delivering the best health care to you and your family in all stages of life. Located throughout Pierce and South King counties, our Family Care Clinics offer many convenient locations and hours to accommodate your busy lifestyle. MultiCare's Family Care Clinics are separated into two groups: Primary Care Clinics and Specialty Care Clinics. If you would like more information on one of MultiCare's Family Care Clinics, please visit our website.

MultiCare Home Health

3901 South Fife Street, Tacoma, WA 98409

(253) 301-6400

(253) 301-6500 or (888) 516-4505 (referrals)

(888) 516-4504 (TF)

(253) 301-6528 (fax)

Website: <https://www.multicare.org/home-health-services/>

Home Health is an umbrella term for a range of care and support services offered to individuals who need help recovering from or managing an illness or injury. These services are provided to you where you live, whether that be a private residence, adult home, retirement home or assisted living facility, and vary widely depending on your specific care needs. Home health services are available on a short-term, or long-term basis, depending on

how your health progresses. Services are provided on a scheduled basis by appointment. You may have one or several appointments each week, depending on the care you need. We do not provide all-day nursing or health aide care, but if you or your loved one needs this level of support, we can help you find an appropriate service.

MultiCare Hospice
3901 South Fife Street, Tacoma, WA 98409
(253) 301-6400
(888) 516-4504 (TF)
(253) 301-6500 or (888) 516-4505 (referrals)
(253) 301-6528 (fax)

Website: <https://www.multicare.org/hospice/>

Hospice care is provided wherever you are - at home, an assisted living facility, nursing home or hospital. In addition to our program's extensive services, we can help you locate additional resources and assist you with advanced directives. Services we provide include: assistance with personal care, such as bathing and grooming, bereavement support for loved ones, comfort therapies including massage, reiki, music, pet, and aromatherapy, emotional and spiritual support, medical equipment, supplies, and medications, pain and symptom management, physical, occupational and speech therapy, and volunteers who can provide respite to caregivers or provide additional comfort and companionship to patients. Please visit our website for information on who can receive hospice care.

MultiCare Immunization Clinic
3500 South Meridian, Puyallup, WA 98373
(253) 697-1426

Website: <https://www.multicare.org/immunization-clinic/>

Located at a kiosk in the South Hill Mall in Puyallup, this immunization clinic offers free and low-cost immunizations to children and adults. No appointments are necessary. The kiosk is open 5 days a week to provide convenient access to immunization services. Please visit our website for more information.

MultiCare Pediatrics

Website: <https://www.marybridge.org/services/>

Please visit our website for a list of services provided by MultiCare Mary Bridge Children's for pediatric care.

MultiCare Pregnancy and Newborn Care

Website: <https://www.multicare.org/pregnancy/>

Our Pregnancy and Newborn services provide you with a full range of care options to support you throughout your pregnancy and delivery. We provide a wide selection of providers, personalized care options, high-risk pregnancy expertise, modern and comfortable birthing spaces, the regions highest level of care, and ongoing support and resources. Please visit our website for more information on locations and services.

MultiCare Primary Care Clinics

Website: <https://www.multicare.org/clinics/>

Whether you need medical care for a sudden illness, help in managing a chronic condition or straightforward preventive care, such as annual physicals, well-child check-ups and immunizations, you can rely on your MultiCare primary care provider for the expert medical care you need to get well and stay healthy. Our neighborhood clinics offer convenient same-day or next day appointments. If you need care after-hours or on weekends, you can drop by any of our Urgent Care Clinics. Please visit our website for more information on our primary care clinic locations.

MultiCare Rehabilitation

Website: <https://www.multicare.org/rehabilitation/>

We focus on helping people achieve optimal function and independence through patient-centered treatment, with an emphasis on education and patient responsibility. We offer an array of rehabilitation services from basic to advanced services to help you. Please visit our website for a list of our services and our rehab locations.

MultiCare Senior Services

(253) 697-8400

Website: <https://www.multicare.org/senior-services/>

Good Samaritan's programs for active older adults include Celebrate Seniority, volunteer opportunities and the Senior Wellness Project. If you're 50 or older, MultiCare is committed to being your health partner by providing a variety of health and medical services to help you maintain your health and a high quality of life.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Multicultural Child Family Hope Center
2021 South 19th Street, Tacoma, WA 98405
(253) 593-6641

Website: <http://mcfhc.org/>

Multicultural Child and Family Hope Center (MCFHC) is a non-profit human services agency. Our mission is to provide culturally relevant support services to children and families through daycare, ECEAP, and DSHS contracted services. A positive relationship between teacher and student is an important factor in the social, emotional and academic development of a child. Our Center strives to ensure this balance. Some of our services include: ECEAP program, childcare program, supervised visitations, homeless childcare, and parent to parent.

Mustard Seed Project
9016 154th Avenue Court NW, Lakebay, WA 98349
PO Box 182, Vaughn, WA 98394 (mailing)
(253) 884-9814

Email: info@themustardseedproject.org

Website: www.themustardseedproject.org

The mission of The Mustard Seed Project is to ensure choices for healthy aging on the Key Peninsula by connecting elders with innovative programs and resources. The vision of the Mustard Seed Project is to create an elder-friendly Key Peninsula, where our neighbors may choose to safely "age in place" with dignity and respect. Our services include: community volunteer network, Key Peninsula senior ride program, key senior information center, our Key Peninsula assisted living project, support groups, forums, and classes.

My Sister's Pantry
First United Methodist Church of Tacoma
621 Tacoma Avenue South, Tacoma, WA 98402
(253) 627-1186

Website: www.mysisterspantry.org

The Pantry's primary objective is to help improve the lives of families struggling financially. Since opening its doors to the community in 1999, My Sister's Pantry has become one of the busiest food banks in the Tacoma area. We are open three times a month to serve a substantial hot meal, distribute groceries, and provide a store-like where clients can "shop" for men's, women's, and children's clothing. My Sister's Pantry, a 501(c)3 non-profit, is an outreach program of First United Methodist Church of

Tacoma. We serve 350+ families and individuals each month and annually distribute approximately 125,000 pounds of food.

My Team Triumph, Puget Sound

Deborah Parker

1418 165th Ave KP N Box 790, Lakebay, WA 98349 (mailing)
(253) 358-3081

Email: dparker@mtt-pugetsound.org

Website: <http://mttpugetsound.org/>

My Team Triumph is an athletic ride-along program created for children, teens, adults and veterans with disabilities who would normally not be able to experience endurance events such as triathlons or road races.

NADD, The National Association for the Dually Diagnosed

Daniel Baker

12 Hurley Avenue, Kingston, NY 12401
(845) 331-4336

Email: info@thenadd.org

Website: <http://thenadd.org/>

NADD is an international association for persons with intellectual/developmental disabilities and mental health needs, comprised of individuals, families, and support professionals dedicated to enhancing the understanding and treatment of people experiencing co-occurring intellectual/developmental diagnoses (IDD) and mental health conditions or mental illness (MI). The mission is to promote leadership in the expansion of knowledge, training, policy, and advocacy for mental health practices that promote a quality life for individuals with dual diagnosis (IDD/MI) in their communities.

NAMI, National Alliance on Mental Illness, Seattle

802 NW 70th Street, Seattle, WA 98117

Website: <http://namiseattle.org/>

Office

(206) 789-7722

(206) 784-0957 (fax)

Email: info@namiseattle.org

Helpline

(206) 783-9264

Email: helpline@namiseattle.org

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Our mission is to address the unmet needs of individuals with mental illness and their families through advocacy, public education, information and referral, and self-help support groups. NAMI Seattle is the only organization in the Seattle area working specifically to fill the gaps in our local mental health system through peer-led education, referrals, and support. Originally established as “Washington Advocates for the Mentally Ill” in 1978, we worked with other concerned groups across the country to launch a national advocacy and support organization: The National Alliance on Mental Illness, or NAMI. Today, NAMI is the largest grassroots mental health organization in the nation. Our peer-led presentations, classes and support groups bridge the gap when medical models fail to meet our needs. We have over 40 years of experience elevating stories of lived experience and shining a spotlight on the unique needs of people and families navigating their own mental health journey.

National Center on Deaf/Blindness
 Western Oregon University Research Institute
 345 N Monmouth Avenue, Monmouth, OR 97361
 (503) 838-8754
 (503) 838-8150 (fax)
 Email: support@nationaldb.org
 Website: <https://nationaldb.org>

A national technical assistance center, funded by the U.S. Department of Education, which partners with state deaf/blind projects to improve systems serving children (ages birth-21) who are deaf/blind. Extensive information and a variety of tools and resources related to combined vision and hearing loss are available on the NCDB website and via email.

National Domestic Violence Hotline
 (800) 799-7233
 (800) 787-3224 (TTY)
 Website: <http://www.thehotline.org/>

Operating around the clock, seven days a week, confidential and free of cost, the National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Callers to the hotline can expect highly trained, experienced advocates to offer compassionate support, crisis intervention information, educational services and referral services in more than 200 languages. Visitors to this site can find information about

domestic violence, online instructional materials, safety planning, local resources and ways to support the organization.

National Down Syndrome Society
8 East 41st Street, 8th Floor, New York, NY 10017
(800) 221-4602
(646) 870-9320 (fax)
Email: info@ndss.org
Website: <https://www.ndss.org/>

The National Down Syndrome Society is the leading human rights organization for all individuals with Down syndrome. The National Down Syndrome Society envisions a world in which all people with Down syndrome have the opportunity to enhance their quality of life, realize their life aspirations and become valued members of welcoming communities. Please visit our website for more information.

Nativity House
Catholic Community Services

Day Shelter
702 South 14th Street, Tacoma, WA 98405
(253) 502-2780
Website: <https://ccsww.org/get-help/housing/permanent-housing/nativity-house-apartments/nativity-house-day-shelter/>

Overnight Shelter
702 South 14th Street, Tacoma, WA 98405
(253) 502-2780
Website: <https://ccsww.org/get-help/housing/permanent-housing/nativity-house-apartments/nativity-house-overnight-shelter/>

Apartments
1411 Yakima Avenue, Tacoma, WA 98405
(253) 502-2770
Website: <https://ccsww.org/get-help/housing/permanent-housing/nativity-house-apartments/>

Nativity House is the largest, most comprehensive facility in Pierce County serving low-income and homeless adult men and women. Our goal is to provide for the basic needs of adult

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

individuals experiencing homelessness, and offer concrete pathways to permanent housing and self-sufficiency. The new Nativity House combines the services previously offered by three separate homeless adult services programs: Hospitality Kitchen, Nativity House, and Tacoma Avenue Shelter. Services are provided 365 days per year and include hot meals, day shelter, overnight shelter, mental health and chemical dependency assessments and referrals, rapid re-housing, access to mainstream public benefits such as Medicare and SSI, and job training. The new Nativity House also includes a new program, the Nativity House Apartments, which provides 50 units of permanent supportive housing for chronically homeless single adults with disabilities.

NEADS (National Education of Assistance Dogs Services)
305 Redemption Rock Trail South, Princeton, MA 01541
(978) 422-9064
(978) 422-3255 (fax)
Website: <https://neads.org/>

NEADS (NEADS Inc. formerly known as National Education for Assistance Dog Services and Dogs for Deaf and Disabled Americans), is a 501(c)3 non-profit organization that was established in 1976 and has trained over 1,800 Service Dog teams since its founding. NEADS is accredited by Assistance Dogs International, the internationally recognized governing body that establishes industry standards and practices. Today, NEADS offers the widest array of service dog programs in the industry, while still holding true to our core mission of producing service dogs for individuals with disabilities. Please visit our website for more information regarding our programs.

Need-A-Break Program
11105 Steele Street South, Tacoma, WA 98444
(253) 353-7056
(253) 353-7054 (fax)
Email: info@needabreak.org
Website: www.needabreak.org

Need-A-Break Services is a non-profit faith-based foundation that is devoted to helping people succeed through meeting needs in our community and motivating others to serve their neighbor. We provide direct service through home repairs, vehicle repairs, and other gifts. We also work closely with our

charity partners to organize volunteer crews, provide donations, and promote events.

Neighborhood Clinic

1323 South Yakima Avenue, Tacoma, WA 98405

(253) 627-6353

(253) 779-0441 (fax)

Email: info@neighborhoodclinetacoma.org

Website: <http://www.neighborhoodclinetacoma.org/>

Social Media: @NeighborhoodClinic (Facebook & Instagram)

@NCTacoma (Twitter)

Neighborhood Clinic is a walk-in, free urgent care for patients who cannot afford or access health care. Located in Tacoma, we are open every Monday and Thursday evenings (except federal holidays) with no appointment necessary, doors open at 5 p.m.

Neil & Neil, P.S.

5302 Pacific Avenue, Tacoma WA 98408

(253) 475-8600

(253) 473-5746 (fax)

Email: deborah@neillaw.com & chris.neil@neillaw.com

Probate, guardianship, estate planning, representing trustees, and mediation.

Neurodevelopmental Clinic

Seattle Children's Hospital

William O. Walker

4800 Sand Point Way NE, Seattle, WA 98105

(206) 987-2210

(866) 987-2000 (TF)

(206) 987-3824 (fax)

Website:

<https://www.seattlechildrens.org/clinics/neurodevelopmental/>

Our neurodevelopmental program evaluates and cares for children with conditions related to the development of the nervous system, including the brain. We specialize in the care of children with special needs, and tailor our services to your child and family. Our team of doctors, nurses, social workers, dietitians, and physical and occupational therapists understands that your child's well-being affects your entire family. We take into account your family's priorities and concerns, as well as those of your child's doctor, schools and community services, when planning your child's care. We work closely with providers

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

in the community to ensure that your child's care is well coordinated, community-oriented and family-centered. Please visit our website for more information on the conditions we treat and services we offer.

Neuroscience Institute Epilepsy Center
Swedish Medical Center
550 17th Avenue, Cherry Hill Campus, James Tower #540
Seattle, WA 98122
(206) 320-3492
(800) 331-7533 (TF)
(206) 320-3088 (fax)

We provide pediatric epilepsy care for children and their parents coping with their disorder. We provide ongoing treatment to control seizures, maintain safety and allow our patients to participate in sports and other normal daily activities. Treatments may include anti-seizure medications, epilepsy surgery, and vagal nerve and other neurostimulator devices. Whether you're experiencing epilepsy-like symptoms for the first time or have been diagnosed with a seizure disorder and are continuing to have uncontrolled seizures despite treatment, we can help.

New Horizons Camp
Camp Burton
9326 SW Bayview Drive, Vashon Island, WA 98070
(206) 463-2512
Email: campburton.vashon@gmail.com
Website: <https://www.campburton.com/facilities/special-needs-camp/>

For ages 17 and up, our New Horizons Camp provides a welcoming Christian camping environment to youth who are developmentally disabled and/or who are mildly, physically disabled. Campers learn they are important creations of God and explore the beauty of God's world. Campers must be able to care for their own personal needs (eating, dressing, and restroom use) with minimal assistance and be able to participate in most camp activities. The Camp activities include swimming at the local pool, canoeing, carnival, games, archery, talent show, and campfires. Please visit our website for more information.

New Phoebe House Association
Naomi Villano
PO Box 5245, Tacoma, WA 98415
(253) 383-7710
(253) 383-8834 (fax)
Email: info@newphoebehouse.org
Website: <http://www.newphoebehouse.org/>

We provide housing, services, treatment, and support to Pierce County mothers and children impacted by chemical dependence, to help them achieve and maintain reunification through healing, self-sufficiency, and clean & sober living. New Phoebe House provides a healthy, safe, and communal environment where women and children experience a family setting in a beautifully restored Victorian house. Sleeping quarters, play areas, living area, common kitchen / dining facility, and laundry facilities provide over 5,000 square feet to support healthy family reunification. As residents are assured that their day-to-day needs are met, they can focus on remaining clean and sober, developing job skills, gaining education, becoming financially literate, building a resource network, and increasing parenting skills. This comprehensive approach allows the women and children to live in the New Phoebe House for up to two years. At the end of this time period, the program goals aim for each woman to be self-sufficient, more resilient, able to parent in a loving and safe manner, and transition to more permanent housing.

Norco Medical
(formerly known as Care Medical)
1902 Tacoma Avenue South, Tacoma, WA 98402
(253) 474-1774
(253) 474-4869 (fax)
Website: www.norco-inc.com

Our medical branches and their devoted staff members work to bring dignity, independence and care by providing a variety of home medical equipment, gases and supplies ranging from oxygen and sleep therapy, to mobility, breast pumps plus much more. For every stage of life and health, we have the home medical equipment to meet your needs.

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Northwest Access Fund

1437 South Jackson Street, Suite 302, Seattle, WA 98144

(206) 328-5116

(877) 428-5116 (TF)

(888) 494-4775 (TTY)

(206) 328-5126 (fax)

Email: info@nwaccessfund.org

Website: <http://www.nwaccessfund.org/>

Our mission is to provide funding for people with disabilities in Washington and Oregon to purchase assistive technology and achieve greater independence. Our programs include: loans, financial coaching, and IDAs (Individual Development Accounts).

Northwest ADA Center

Michael Richardson

6912 220th Street SW, #105, Mountlake Terrace, WA 98043

(800) 949-4232

Email: nwadactr@uw.edu

Website: www.nwadacenter.org

The Northwest ADA Center is part of the ADA National Network. The ADA National Network Centers are a national platform of ten centers comprised of Americans with Disabilities Act (ADA) professionals and experts charged with assisting businesses, state and local governments, and people with disabilities to understand their rights and responsibilities under the ADA. As the ADA Information Center in Region 10, the Northwest ADA Center serves Alaska, Idaho, Oregon, and Washington, providing technical assistance, training, and public awareness.

Northwest Creative Arts Center

6315 S 19th Street, Room #10, Tacoma, WA 98465

(253) 565-2550

Email: jroesch@nwsil.com

An art program for differently-abled people. Our mission is to provide people who have physical, intellectual, or emotional disabilities the opportunity to participate in the visual arts. Art classes include painting, printmaking, collage, clay, sculpture, jewelry making, doll making, and mixed media. Call for class information / schedule.

Northwest Dental Services & Denture Implant Center
725 Street Helens Avenue South, Tacoma, WA 98402
(253) 533-9326
(253) 383-4810 (fax)
Website: www.northwestdental.com

The team at Northwest Dental Services & Dental Implant Center prides itself on offering comprehensive dental services for every member of the family. Northwest Dental Services & Dental Implant Center specializes in TMJ/TMD work, dentures, and dental implants. One of the unique features of Northwest Dental Services & Dental Implant Center is its on-site lab. Having a lab on site allows the dental team to quickly find the right solution for each patient without having to wait for an outside lab to complete the work. The lab also plays an important role in repairing and adjusting dental devices, which can often be done while the patient waits. In addition to dentures and implants, Northwest Dental Services & Dental Implant Center has highly qualified dentists, assistants, and hygienists on staff who provide expert preventive dentistry, from routine cleanings to fillings and root canal procedures. To learn more about the wide range of services that are available at Northwest Dental Services & Dental Implant Center, call or use the online scheduling tool to book an appointment.

Northwest Hoarding Coalition
(formerly known as the King/Pierce County Hoarding Task Force)

Kris Lau
Clinical Director
Community-Based Services, Full Life Care
(206) 929-2255
Email: krisl@fulllifecare.org

Ashley Kraft
Housing Stability Specialist
SHAG Senior Housing
(206) 549-2518
Email: ashleyk@shag.org

The Coalition includes representatives from Full Life Care, SHAG-RSC, the City of University Place, King County Housing Authority, Seattle Housing Authority, and geriatric mental health

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

professionals among other professionals. The group has adopted specific goals to offer support, training, resources and education for people with the disorder, their families and the community. Community support groups provided include: Hoarding Support Group, OCD/Hoarding Support Group, Family and Friends of People who Hoard, and Individuals who Hoard.

Northwest Justice Project (NJP)
715 Tacoma Avenue South, Tacoma, WA 98402
(253) 272-7879
(888) 201-1015 (TF)
(888) 201-1014 (CLEAR-client intake)
(253) 272-8226 (fax)

Website: www.nwjustice.org

NJP is a statewide not for profit law firm that employs just over 100 lawyers working in 17 locations throughout Washington. NJP also has several specialized units or programs that serve particularly vulnerable and targeted populations, including farm workers, Native Americans, Western State Hospital patients, survivors of domestic violence and persons over 60 years old. NJP contracts with several private attorneys around the state who have agreed to accept cases for eligible clients if NJP lawyers in that region are not able to handle the case. These lawyers are paid by NJP (not the client) at a highly reduced rate from what they would normally charge for their services. NJP generally handles civil legal problems facing low income people due to lack of income, problems with education, employment or loss of employment, disabilities, discrimination, consumer abuse or illegal business practices, physical or family safety, barriers they have in seeking help, services or accessing the courts or other means of resolving disputes or addressing their needs. In addition to individual case work, NJP helps community groups and non-profit organizations working with low income families and individuals understand legal rights and obligations through community education presentations, trainings and consultation on legal problems community groups are addressing for themselves, their members or client constituencies. NJP also maintains a free legal resource website - www.washingtonlawhelp.org - with up to date legal information, forms and instructions. Persons seeking legal help outside King County are asked to call NJP's CLEAR intake line, or in King County dial 211, for case screening and appropriate referral to

NJP local offices or other civil legal aid providers in their community.

Northwest Regional Spinal Cord Injury Systems (NWRSCIS)
University of Washington, Rehabilitation Medicine
Box 356490, Seattle, WA 98195

(206) 616-2183

(800) 366-5643 (TF)

(206) 685-3244 (fax)

Email: nwrscis@u.washington.edu

Website: <http://sci.washington.edu/>

The mission of the NWRSCIS is to improve the lives of people with SCI through excellent patient care, research and education. We provide specialized care to persons with SCI, conduct clinically relevant research and disseminate the most useful, evidence-based information to people with SCI, their families and professionals.

Northwest Resource Associates

701 5th Avenue, Suite 1230, Seattle, WA 98104

(206) 441-6911

(206) 441-7281 (fax)

Website: www.nwresource.org

Foster Parent Information Center

(888) 543-7414 (TF)

Email: sric@nwresource.org

Northwest Adoption Exchange

(206) 441-6822

(800) 927-9411 (TF)

Website: <http://www.nwae.org/>

Program Evaluation

(206) 441-7065

(800) 380-2223 (TF)

Washington Adoption Resource Exchange

(206) 441-7242

(800) 927-9411 (TF)

Website: <http://www.warekids.org/>

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

Our mission is to provide a resource of knowledge and expertise to strengthen the work of organizations and programs that promote and enhance the welfare, health and safety of children, individuals, families and communities. Our work falls generally into four program areas: Adoption and Foster Care; Program Evaluation; Training; and Accreditation. Historically, we have focused attention on the areas of special needs adoption, child abuse and neglect, out-of-home care, family-centered practice (family preservation and family reunification), services for the severe and chronic mentally ill (including homeless populations and mentally ill offenders), and services for victims of sexual abuse/assault. Please visit our website for more information.

Northwest Services for Independent Living
Judy Roesch
2607 Bridgeport Way West, #2-A, University Place, WA 98466
(253) 565-2550
(253) 565-4548 (fax)
Email: jroesch@nwsil.com

Provides tenant support for individuals with developmental disabilities living in their own home or apartment. Helps people live independently. Provides support in shopping, cooking, finances, personal hygiene, sexuality, self-esteem, physical fitness, transportation, friends/relations, home management, and more. Must be clients of DDA.

Northwest Transport Inc.
22627 85th Place South, Kent, WA 98031
(253) 216-5000
(800) 600-9225 (TF)
Website: <http://www.nwt1cabulance.com/>

Northwest Transport Inc. provides convenient, affordable, safe, comfortable and reliable transportation for individuals with special needs. Our courteous employees are dedicated to providing prompt and efficient transportation in and round the Puget Sound area. We work in King, Pierce, Snohomish Counties or anywhere you need to go. Our employees are especially trained in serving people of all ages and disabilities. Our drivers greet all our customer's with a smile. Northwest Transport is ADA compliance. Please contact us for more information about contract services and to make reservations.

Northwest's Child
1823 North 85th Street, Seattle, WA 98103
(206) 526-2493
(206) 299-9285 (fax)
Email: inquiries@northwestschild.org
Website: <https://northwestschild.org/>

We provide care in home and community settings to children, teens and adults with moderate to severe disabilities. We support each client in assisting with vocational training, independent living, and individual education plans. We offer continued educational and social experiences, encouraging our clients to grow and build meaningful relationships with peers and staff as well as effectively integrate into their community. We help families in accessing the resources and services that their child/young adult family member needs to ensure that we are advocating effectively for our communities most vulnerable.

Nourish Pierce County
(formerly known as Fish Food Banks of Pierce County)
1702 South 72nd Street, Suite E, Tacoma, WA 98408
(253) 383-3164
(253) 383-0964 (fax)
Email: info@nourishpc.org
Website: <https://nourishpc.org/>

Nourish Pierce County provides nutritious food and support services to people in need with compassion, dignity and respect. Through our network of seven food banks and two mobile food banks serving seventeen additional sites, we provide food directly to people in need across Pierce County, Washington.

Numotion
11106 25th Avenue East, Suite A, Tacoma, WA 98445
(253) 830-2020
(877) 577-4284 (TF)
(253) 537-0208 (fax)
Website: <http://www.numotion.com>

Numotion is the leading provider of Complex Rehab Technology (CRT) in the United States. That means we're helping thousands of people with individually configured, medically necessary mobility products and services. From manual and powered wheelchairs to disposable medical supplies that serve unique medical and functional needs, we are helping more people live more freely. As a convenient, single resource, we provide a wide

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

spectrum of mobility needs to our customers, including: CRT products and accessories, innovative lifestyle enhancement products, service and repair, medical supplies, and educational courses, events, seminars, etc.

NW Furniture Bank

Haley Haines

117 Puyallup Avenue, Tacoma, WA 98421

(253) 302-3868

(253) 302-4182 (fax)

Email: hhaines@nwfurniturebank.org

Website: <http://www.nwfurniturebank.org>

NW Furniture Bank collects gently used furniture and distributes it to people in need. Individuals come to us through partner agency referrals. For information about donating furniture or a list of agencies who can make a referral, please visit our website.

Oasis

2215 Pacific Avenue, Tacoma, WA 98402

(253) 671-2838

(253) 988-2108 (emergency phone)

Email: oasis@oasisyouthcenter.org

Website: <http://www.oasisyouthcenter.org/>

Oasis transforms the lives of LGBTQ youth by creating a safe place to learn, connect, and thrive. Oasis envisions a world in which LGBTQ youth are valued in the community as strong, creative leaders. Oasis is the only drop-in and support center dedicated to the needs of LGBTQ youth ages 14-24 in Pierce County. We are a youth-adult partnership in which youth and adults come together for shared teaching learning and action!

Occupational Therapy Teaching Clinic for Children

University of Puget Sound

Sheryl Zylstra

1500 North Warner Street, #1070, Tacoma, WA 98416

(253) 879-3499

(253) 879-3497

(253) 879-3518 (fax)

Email: otclinic@pugetsound.edu

Website: <https://www.pugetsound.edu/academics/departments-and-programs/graduate/school-of-occupational-therapy/ot-clinic-2/pediatric-clinic/>

Occupational therapy students, under the direct supervision of licensed occupational therapists, provide evaluations and interventions for children in the Pediatric Teaching Clinic at Puget Sound. Children are referred to the clinic by their parents, teachers, pediatricians, or community therapists (with permission of parent or guardian). Reasons for referral to the clinic include functional deficits in the following areas: daily living skills (self-care, dressing, eating), play skills, or cognitive, behavioral, or motor skills that interfere with academic achievement. The child and family will participate in a home or school observation, initial evaluation, treatment/intervention plan, home program and discharge evaluation.

Office of Special Education Programs (OSEP)
 U.S. Department of Education
 400 Maryland Avenue SW, Washington, DC 20202
 (800) 872-5327
 (202) 401-0689 (fax)
 Website: www.ed.gov

The Office of Special Education Programs (OSEP) is dedicated to improving results for infants, toddlers, children, and youth with disabilities, ages birth through 21, by providing leadership and financial support to assist states and local districts. The Individuals with Disabilities Education Act (IDEA) authorizes formula grants to states, and discretionary grants to institutions of higher education and other non-profit organizations, to support research, demonstrations, technical assistance, dissemination, technology, personnel development, parent-training, and information centers.

Office of the Deaf & Hard of Hearing (ODHH)
 DSHS
 4450 - 10th Avenue SE, Lacey, WA 98503
 PO Box 45301, Olympia, WA 98504
 (360) 725-3450
 (800) 422-7930 (TF)
 (360) 725-3455 (TTY)
 (360) 339-7382 (videophone)
 Email: odhh@dshs.wa.gov
 Website: <http://odhh.dshs.wa.gov>

ODHH ensures that community members are able to have full and equitable access to public services. ODHH provides the community with the information, skills and tools needed to

achieve effective communication access. ODHH promotes independence, breaks down communication barriers, enhances access and provides opportunities to this very small, marginalized and underserved community. Since 1979, ODHH has expanded to include these services: interpreter contracts, information and resources, assistive communication technology, telecommunication relay services, telecommunication equipment distribution, trainings and presentations for community members, social and health services (including seven regional service centers), and communication access modalities and education trainings for service providers.

Office of the Education Ombuds (OEO)
Office of the Governor
Yordanos Gebreamlak
3518 Fremont Avenue N, #349, Seattle, WA 98103
(206) 496-9368
(866) 297-2597 (TF)
(844) 886-5196 (fax)
Email: oeoinfo@gov.wa.gov
Website: www.oeo.wa.gov

Education Ombuds: listens to understand your questions and concerns relating to students in K-12; provides information about public school processes and the rights and responsibilities of students and parents, and make referrals to appropriate resources; asks questions to help you identify, understand, and evaluate possible options for resolving concerns; acts as a neutral sounding board; offers support and coaching on working through conflict and building effective communication; consults with families, educators, and others to clarify issues and facilitate direct communication between families and schools; and shares best practices for increasing family engagement in schools.

Office of the Insurance Commissioner
Mike Kreidler
PO Box 40255, Olympia, WA 98504
(360) 725-7100
(800) 562-6900 (TF)
(360) 586-0241 (TTY)
(800) 833-6384 (TDD)
(360) 664-2782 (fax)
Website: www.insurance.wa.gov

The Washington state Office of the Insurance Commissioner protects insurance consumers and oversees the insurance industry. We make sure insurance companies follow the rules and people get the coverage they've paid for. Each year, we answer questions and investigate problems for nearly 100,000 people and maintain a statewide network of volunteers who advise consumers on health-coverage issues.

Office of the Superintendent of Public Instruction (OSPI)

Chris Reykdal

PO Box 47200, Olympia, WA 98504

(360) 725-6000

(360) 664-3631 (TTY)

(360) 586-0247 (fax)

Email: webmaster@k12.wa.us

Website: www.k12.wa.us

The Office of Superintendent of Public Instruction (OSPI) is the primary agency charged with overseeing K-12 public education in Washington state. Led by State School Superintendent Chris Reykdal, OSPI works with the state's 295 school districts to administer basic education programs and implement education reform on behalf of more than one million public school students. We want all students to be prepared for post-secondary pathways, careers, and civic engagement. Our mission is to Transform K-12 education to a system that is centered on closing opportunity gaps and is characterized by high expectations for all students and educators. We achieve this by developing equity-based policies and supports that empower educators, families, and communities.

ok2talk.org

(800) 273-TALK (8255)

Living with mental illness may sometimes leave you feeling hopeless and alone. Often, you may not know what's wrong or you may even feel like you've done something wrong. Even when you do understand what's happening, you may find it hard to talk about what you're going through with friends and family. The stigma associated with having a mental illness often makes it hard to talk openly about your feelings and experiences. We want you to know that help is available. OK2TALK is a community where teens and young adults struggling with mental health conditions can find a safe place to talk about what they're experiencing by sharing their personal stories of recovery,

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*

tragedy, struggle or hope. Anyone can add their voice by sharing stories, poems, inspirational quotes, photos, videos, song lyrics and messages of support in a safe, moderated space. We hope this is the first step towards helping you get the support you need to feel better.

Olympic Home Modification

4700 Point Fosdick Dr NW, Suite 120, Gig Harbor, WA 98335
(253) 530-7300
(253) 530-7301 (fax)

Email: info@olympichomemodification.com

Website: <http://olympichomemodification.com/>

We've spent more than 20 years working with people to install home elevators, stair lifts, dumbwaiters and more. It might be a large project, like installing an in-home elevator or as simple as building a threshold ramp in a doorway. Our mobility products are made with the goal of helping people move. By listening to each customer's unique accessibility needs, we're able to provide individualized solutions to make sure your home enhances your lifestyle.

Olympic Pharmacy & Healthcare Services

4700 Point Fosdick Dr NW, Suite 120, Gig Harbor, WA 98335
(253) 858-9941
(800) 537-1393 (TF)
(253) 851-9942 (fax)

Website: www.olympicpharmacy.com

Olympic Pharmacy is conveniently located in the heart of Gig Harbor, Washington, a Medicare-accredited, full-service pharmacy and home care provider focused 100% on patient care. Since 1961, Olympic Pharmacy has been a community icon and a beacon of exceptional healthcare. We are a leader in service and healthcare because we care about every patient and strive to be an active participant in your healthcare plan. With the help of our experienced and dedicated staff, you can be assured that your family's medical needs are handled with the utmost care and priority. Some of the individual services we offer at Olympic Pharmacy include: in-home consultation, repair shop, delivery options, rental program, online Rx refills, and pharmacy drive thru.

One Stop Dentistry

Dr. Mostafa Norooz

314 Martin Luther King Jr. Way, Suite 206, Tacoma, WA 98405

(253) 383-3713

Email: info@dentisttacoma.com

Website: <https://www.dentisttacoma.com/>

General dentistry that offers many services that includes: braces, cosmetic dentist, crowns, dental implants, dentistry, lumineers, orthodontist, porcelain dental veneers, porcelain restoration dentist, sedation dentistry, and teeth whitening.

On-Site Clinic at the University of Puget Sound

1500 N Warner Street, Tacoma, WA 98416

(253) 879-3180

(253) 879-2933 (fax)

Email: onsiteclinic@pugetsound.edu

Website: <https://www.pugetsound.edu/academics/departments-and-programs/graduate/school-of-physical-therapy/our-program/clinical-education/on-site-clinic/>

The student-run on-site teaching clinic is a unique feature of the UPS program. This is a pro-bono clinic where students provide physical therapy services under the supervision of expert clinicians from the community who are hired entirely to teach, rather than to carry a patient load of their own. The pace of the clinic is customized to student learning needs, and communication between students and clinical instructors is constant. Students in the on-site clinic have the opportunity to provide physical therapy services to individuals who have movement dysfunction as a result of neurological, orthopedic, or general medical conditions. A pediatric clinic and exercise/wellness group are offered in the fall semester only. Patients come from the University and the surrounding community for evaluation, treatment planning, and treatment implementation. Physical Therapy students, under the supervision of licensed physical therapists, provide these services to patients with diagnoses consisting of, but not limited to, strokes, multiple sclerosis, traumatic brain injury, spinal cord injury, cerebral palsy and other developmental delay, injuries to muscle, bone or joints, renal disease, and functional problems related to cancer or its treatment. Please visit our website for more information.

Options Unlimited Inc.
120 15th Street SE, Suite 104, Puyallup, WA 98372
(253) 845-6735
(253) 848-0313 (fax)
Email: optionsunlimitedinc@comcast.net
Website: www.optionsunlimitedinc.com

Options Unlimited is a Washington residential service provider dedicated to creating and maintaining community-based residential living arrangements for persons with developmental disabilities. Options Unlimited believes that every person has the equal opportunity and right to share in the benefits and difficulties of life in the community. To support persons with developmental disabilities to gain access to such opportunities, Options Unlimited focuses on creating individual, roommate, and small group living arrangements using apartments, duplexes, and rental houses. Each living arrangement is designed to meet the needs of the individual or individuals involved. It is the purpose of Options Unlimited to assist developmentally disabled adults in acquiring and maintaining living situations in their own residences. This will enhance their opportunity to become valued, integrated members of the community. Options Unlimited provides opportunities and options to each individual participating in its supported living program to have a personalized home; to see themselves and be seen by others as an adult; to maintain optimal health; to maintain a reasonable degree of personal security and safety; to develop a self-directed, positive quality of life; to establish and maintain close relationships with family, friends, and non-disabled members of the community; to experience community participation and integration; and to realize increased personal growth and competence. In providing residential support services, Options Unlimited will carry out all program activities and interactions with program participants with consideration for their personal well being and legal rights by attempting to maintain a balance of protection and autonomy.

Orion
1590 A Street Northeast, Auburn, WA 98002
(253) 661-7805
(253) 939-4877 (fax)
Website: www.orionworks.org
Orion Industries is a social enterprise with a mission of helping those with barriers to employment. Orion uses operations in its

Aerospace manufacturing division and Contact Center Services division as platforms to teach people job skills through mentoring and internship programs. Orion's Training & Employment division supports individuals in achieving their goals through job placement and job retention services.

Orting Family Support Center
 Shannon Butt
 120 Washington Avenue North, Orting, WA 98360
 (360) 893-8500
 (888) 352-8905 (TF)
 Website: <https://www.ortingschools.org/page/867>

The Orting Family Support Center offers two parenting programs that are done in the home for families with children under 8 years old. In addition, we also assist you in applying for SNAP (food stamps), P.C. Energy Assistance and link you to resources in the community/Pierce County. Call for more information.

Orting School District
 Chris Willis, Executive Director, Student Support Services
 121 Whitesell Street NE, Orting, WA 98360
 (360) 893-6500
 (360) 893-2300 (fax)
 Email: willisc@orting.wednet.edu
 Website: <https://www.ortingschools.org/>

Our Father's Kitchen
 United Lutheran Church
 1231 South 76th Street, Tacoma, WA 98408
 (253) 475-3175
 Email: unitedlutherantacoma@gmail.com
 Food bank and a free community lunch Wednesdays from 12-1 p.m. Bring photo ID. Located at far end of church.

Our Lady of Guadalupe Maternity Center
 St. John Bosco Catholic Church
 5705 Main Street, Lakewood, WA 98499
 (253) 582-3384
 Website: <https://stjbosco.org/our-lady-of-guadalupe-maternity-center>

Our Lady of Guadalupe Maternity Center is located in the basement of the Catholic Community Services building (directly behind St. Frances Cabrini Catholic Church.) This is a part of our

parish PREPARES Ministry, whose purpose is to provide spiritual and material help to mothers, pregnant women, and their young children (infant to age 8). The Center is open every Monday and Friday from 10:00 a.m. to 12 p.m., and is staffed by teams of parishioners. The Tuesday team sorts donations, restocks, and puts together layettes. The Center offers maternity and infant clothing, newborn carseats, newborn layettes, children's clothing, diapers, formula, and toys - but no furniture. No appointment is necessary.

Our Sister's House
(253) 383-4275

Provides advocacy to victims of domestic violence. Advocates are housed at DSHS and the Family Justice Center. We also provide cultural specific domestic violence advocacy to African American women and an African American support group for survivors. We also offer stepping stones to the children who witnessed or who have been exposed to domestic violence. Call for more information.

Out of the Gray
Elizabeth Joseph
(360) 829-7309

Out of the Gray is a 501(c)3 charity incorporated in the state of Washington. Inspired by people obscured by the immense responsibility of caring for a dependent individual, we exist to bring these women and men out of the gray as we ask the question "What can we do for you?" We accept nominations for services from medical and educational personnel, family, friends, and other agencies that interact with caregivers. Beginning with a consultation and assessment of need, we then provide both practical services based on client request and also work to create an experience tailored for the caregiver that is for the purpose of offering relief, recognition, a break from isolation, and to enrich their human experience with strength and dignity.

Outdoors For All Foundation
6344 NE 74th Street, Suite 102, Seattle, WA 98115
(206) 838-6030
(206) 838-4995
(206) 838-6035 (fax)
Email: info@outdoorsforall.org
Website: <https://outdoorsforall.org/>

*If you know of any additions or corrections,
please contact PC2 at 253.564.0707. Thank you.*